ISSN (Online): 2455-3662
EPRA International Journal of Multidisciplinary Research (IJMR) - Peer Reviewed Journal
Volume: 11| Issue: 4| April 2025|| Journal DOI: 10.36713/epra2013 || SJIF Impact Factor 2025: 8.691 || ISI Value: 1.188

NEP 2020: ROLE OF TEACHERS & PARENTS TO PROMOTE HOLISTIC DEVELOPMENT OF STUDENTS

Dr. Mohit Dixit[1], Avinash Sahu[2], Bhartendu Sharma[3], Khushboo Dixit[4]
[1]*Head, Department of Education, Parishkar College of Global Excellence, Jaipur*
[2]*Student, B.Sc-B.Ed 1st Year, Parishkar College of Global Excellence, Jaipur*
[3]*Student, B.Sc-B.Ed 2nd Year, Parishkar College of Global Excellence, Jaipur*
[4]*Student, PG Final Year, Poddar International College, Jaipur*

ABSTRACT
The NEP2020 places the greatest emphasis on the importance of teachers & parents for quality education. It mentions that teachers and parents will have to be sensitive towards the abilities of each student to identify and develop their specific abilities. After a prolonged 34years, Indian Education System is kindled again by the touch of NEP 2020. According to this policy the main motto of this system is to boost up humanity within mankind as well as nurture the pupils in such a way so they can ponder in a scientific way and this education system will also make them ingenious to create something unique. The goal of this system is not only to exacerbate the knowledge but also to build a firm and profound character along with comprehensive development. NEP 2020 considers the teachers and parents as an idealistic role model for the society. This policy has suggested several recommendations to enhance the innovative quality of teachers and it has also added that teachers are the soul of the whole education system. By adopting new transformative holistic, learner centred, discussion based, enjoyable, inquiry driven, flexible, etc., pedagogical approaches, teachers can ensure holistic development of their students. Each child or student has his own talent, and parents should avoid comparing him to other children. In today's competitive age, it is important to have better emotional relationships with children. The whole study has a grandiose explanation regarding the role of teachers and parents towards making an impeccable society by the holistic development of students.

KEYWORDS: *The Role of Teachers, NEP 2020, Holistic Development, Parents role, Student development Indian Education System.*

INTRODUCTION
History has provided ample evidence that there is no better weapon than education to change the world with teachers at the centre. Great philosophers and eminent scholars have expressed their valuable thoughts to guide teachers in the right direction so that they can find the right path to shape the country as nation-builders. People can never describe the role of teachers; it should be felt by the heart. But there are various attributes of teachers who must be understood. When a child enters school, the only person he meets first is the teacher. At the very beginning, teachers are the most valuable people who can guide students at every stage of life. In past decades, it was believed that the role of a teacher was to share knowledge with students. However, in the modern context, the role of a teacher cannot be explained only by what they teach. They are real drivers of change in society. The National Education Policy (NEP), 2020, is the first education policy of the 21st century and aims to address many of the growing development challenges of our country: addressing future needs and digital developments; the use of the deep roots of India's knowledge and cultural foundation, leading to a superpower of global knowledge. In addition to teaching, teachers are more than advisors, consultants, instructors, coaches, guides, and role models. A teacher can understand the student's mind and accept him as he is. Teachers make a child a good person for the country through proper guidance and support. Children learn more from their teachers than from their parents. So, teachers are like external parents. Now, parents have to understand the basic idea that textbooks and curriculum are like runways for airplanes to take off. What is the point of being a pilot if the pilot cannot fly the plane beyond the runway? The role of the teacher is to take the children to the runway and teach them how to fly using the knowledge they have gained, thereby enabling them to succeed in the world. To achieve this, children need to understand concepts and apply them in real life, not just blindly memorize pages from a textbook. Parents need to collaborate with schools and teachers; they need to encourage holistic learning, even if it means spending more time with their children doing learning activities together.

NEED AND SIGNIFICANCE OF THE STUDY
The vision of this national education policy is to create a sustainable, equitable, and informed society to reshape our Bharat. Therefore, its mission is basically to provide high-quality education to all people through innovative teaching practices in a flexible, enjoyable, inclusive environment. The policy recognizes the key role of teachers in developing 21st century skills in students so that they become full-fledged global citizens. The vision of this policy can be fruitful with the contribution of teacher participation. In this journey, translating vision into mission and then into action goes hand in hand, and teachers play a vital role. Hence, the vision of the policy can be achieved through the utmost efforts of teachers to develop holistic learners. Parents are also the backbone of every child.

ISSN (Online): 2455-3662
EPRA International Journal of Multidisciplinary Research (IJMR) - Peer Reviewed Journal
Volume: 11| Issue: 4| April 2025|| Journal DOI: 10.36713/epra2013 || SJIF Impact Factor 2025: 8.691 || ISI Value: 1.188

In their whole life span, a child needs their parents motivation and emotional support. Both parents and teachers play an important role in the maximum potential development of the child or student.

RESEARCH OBJECTIVES

1. To Analyse the Various Role of the Teachers in Effective Pedagogy.
2. To Understand the Role of Parents for Holistic Development of learners.
3. To Evaluate the Pedagogical roles of 21st Century Teachers and Parents in Accordance with the Recommendations of NEP 2020.

RESEARCH QUESTIONS

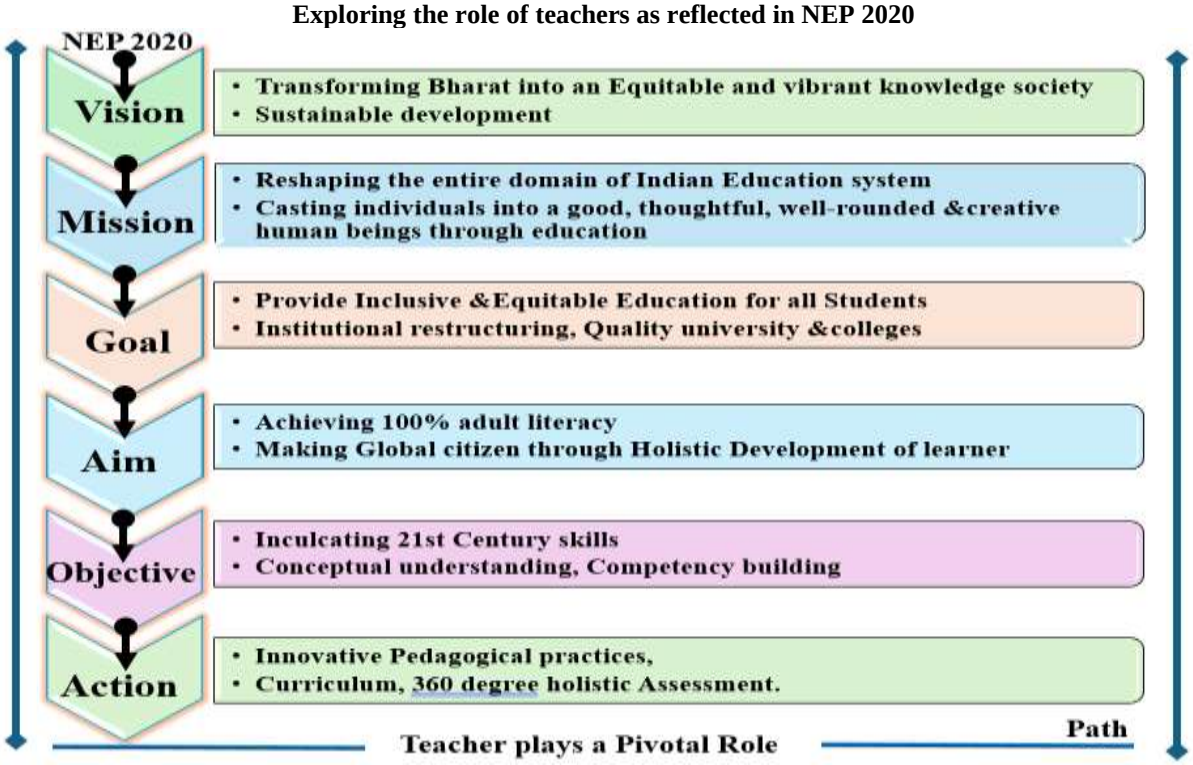
1. What can be the Role of Teachers for Effective Pedagogy?
2. How can the Parents guide to Holistic development for Students?
3. What is the relevance of New Education Policy towards faculty development for maximum potential development of student?

ROLE OF TEACHER IN STUDENT LIFE

As we live in the 21st century, where students are faced with challenges and difficulties in life, teachers can build the confidence in students to face these challenges and enjoy life to the fullest. Therefore, the role of a teacher is to support students and encourage their ideas, interests, and achievements of all kinds in all areas. In the classic role of teachers, it is a question of providing an opportunity to best practices that allow students to reveal their potential. The duty of teachers is to educate students in order to train them. So, teaching is a noble profession, as they are called the gurus of our society. So, NEP 2020 has outlined the special role of an ideal teacher in relation to the motherland.

T	Transformer, Trainer, Trustworthy, Truthful, Techno-pedagogue
E	Ethical, Empathetic, Effective, Excellent, Enlightened one, Energetic
A	Abled, Active, Attentive, Appreciator, Accountable, Applicable
C	Creative, Critical, Communicative, Collaborative, Constructive, Conscious, Competent.
H	Humanistic, Holistic, Honest, Hardworking, Harmonious
E	Enthusiastic, enlarged minded, Engaged, Explorer
R	Responsible, Respectable, Re -constructor, Role model, Reflective thinker, Reliable, Resourceful, Rational.

Exploring the role of teachers as reflected in NEP 2020



Strategic recommendations for transforming the faculty and teachers of HEI according to the guidelines of NEP 2020.

ISSN (Online): 2455-3662
EPRA International Journal of Multidisciplinary Research (IJMR) - Peer Reviewed Journal
Volume: 11| Issue: 4| April 2025|| Journal DOI: 10.36713/epra2013 || SJIF Impact Factor 2025: 8.691 || ISI Value: 1.188

1. **Multidisciplinary**

10.14. A university, worldwide, means a multidisciplinary institution of higher learning that offers undergraduate, graduate, and Ph.D. programs and engages in high-quality teaching and research.

11.2. Including increased creativity and innovation, critical thinking and higher-order thinking capacities, problem-solving abilities, teamwork, communication skills, more in-depth learning and mastery of curricula across fields, increases in social and moral awareness, etc., besides general engagement and enjoyment of learning. Research is also improved and enhanced through a holistic and multidisciplinary education approach.

15.4. Teacher Education Program through established education department in multidisciplinary stream.

2. **Student engagement**

12.3 Faculty will have the capacity and training to be able to approach students not just as teachers but also as mentors and guides.

13.6 Innovations in teaching and pedagogy, quality and impact of research, professional development activities.

3. **Leadership**

13.5 Movement into Institutional Leadership

13.7 Excellent faculty with high academic and service credentials as well as demonstrated leadership and management skills.

4. **Lifelong learning**

10.10 ODL through blend mode, lifelong learning, curriculum, pedagogy, continuous assessment, and student support are the cornerstones for quality learning.

15.10 Continuous professional development of the faculty will continue online. The use of technology platforms such as SWAYAM/DIKSHA for online training of teachers will be encouraged.

5. **Technology**

24.3. Teachers require suitable training and development to be effective online educators. It cannot be assumed that a good teacher in a traditional classroom will automatically be a good teacher in an online classroom.

24.4 (g) Teachers will undergo rigorous training in learner-centric pedagogy and on how to become high-quality online content creators themselves using online teaching platforms and tools.

24.4 (I) Blended mode of learning.

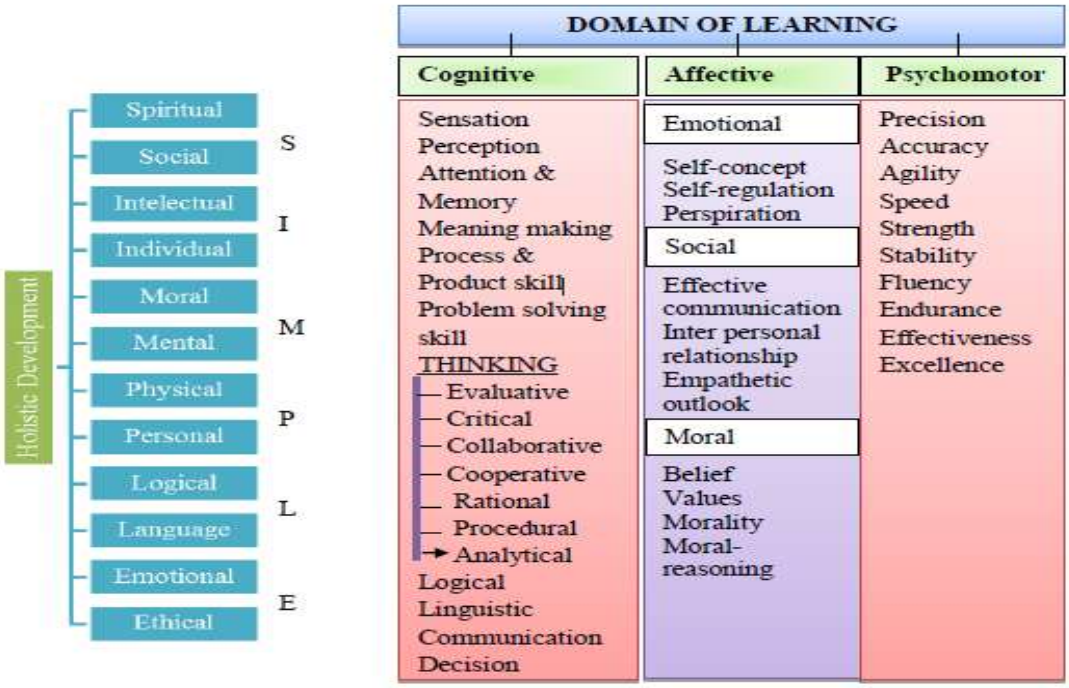
6. **Faculty as a curriculum designer scientist**

12.2. First, in order to promote creativity, institutions and faculty will have the autonomy to innovate on matters of curriculum, pedagogy, and assessment within a broad framework of higher education. Accordingly, curriculum and pedagogy will be designed by institutions and motivated faculty to ensure a stimulating and engaging learning experience for all students, and continuous formative assessment will be used to further the goals of each program.

13.1. The most important factor in the success of higher education institutions is the quality and engagement of their faculty. Each faculty member is happy, enthusiastic, engaged, and motivated towards advancing her/his students, institution, and profession.

13.4. Faculty will be given the freedom to design their own curricular and pedagogical approaches within the approved framework, including textbook and reading material selections, assignments, and assessments. Empowering the faculty to conduct innovative teaching, research, and service as they see best will be a key motivator and enabler for them to do truly outstanding, creative work.

Role of Teachers and Parents in Holistic development of the child or student



ISSN (Online): 2455-3662
EPRA International Journal of Multidisciplinary Research (IJMR) - Peer Reviewed Journal
Volume: 11| Issue: 4| April 2025|| Journal DOI: 10.36713/epra2013 || SJIF Impact Factor 2025: 8.691 || ISI Value: 1.188

To make a new India it is need of an hour to focus on the fullest development of learners. So our New Education Policy is here with this aim through its dynamic and integrated approach towards holistic learning. To make a well-rounded individual, is the primary aim of our new NEP in order to re boost the society. So basically, the holistic learning approach goes beyond the scholastic achievement of learners rather it is the pathway to make a great nation. Holistic learning basically includes the developmental goal in all domains of learning. So, it is the step for shifting away from rote learning to critical and real understanding. Therefore, to make a holistic learner we need to follow a **'SIMPLE'** mechanism such as Spiritual, Social, Intellectual, individual, moral, mental, personal, physical, language, ethical, emotional development of learners.

Teacher is the pioneer who can ensure all certain skills among the students. Their concerns should be focused on how to learn rather than what to learn. In this context, NEP 2020 suggests all the teachers to prepare themselves with utmost quality. The aim of the Policy is to shift the whole educational process from conventional teaching practices to a refreshing, enjoyable, learner-centered pedagogy. AS an aftermath all the students can attach wholeheartedly and enjoy their education to the fullest. To attain the goal of holistic development a teacher should emphasis on the matter of the teaching process of an individual student and that must be one and only integral part of the upliftment for the nation. Today's multicultural classroom is the best platform to make it fruitful. The guidelines of NEP-2020 suggests few parameters regarding the competency of 21st century students, it will help all the students to become more competent.

As the 21st century slowly advances, our lifestyles are also evolving. This era is transforming the entire world through technology. Therefore, it is urgent for people to adapt to this rapidly evolving world, and for this reason, they need certain skills to stay integrated in this modern digital age. 21st century skills are the type of skills that focus on improving students' lives, not just their academic success. These skills cannot be acquired through book knowledge alone. Students must learn practical knowledge about their lives so that they can handle the thorns of life. As 21st century citizens, people need to be equipped with three valuable skills: learning skills, literacy skills, and life skills.

Learning skills equips students with dynamic new skills such as problem solving, creative thinking, communication, and collaboration. All of these factors can help each student solve the complexity of his life, which is growing rapidly in the 21st century. Being a member of a digital company, a student must be able to use technology to effectively communicate with globalized people. Therefore, digital literacy has become an inevitable part of not only the education sector but also our lives. Life skills play a key role in this regard in order to become a well-prepared person. These skills, such as ethics, scientific temper, social responsibilities, and empathy, can help individuals become talented citizens.

3L

(NEP-2020)

Learning skills	Literacy skills	Life skills
Critical thinking Creativity Collaboration Communication	Information Media Technology	Leadership, Responsibility Resilience, Ethics, Empathy, Scientific temper, Cleanliness, Courtesy, Spontaneity, Flexibility, Fitness, Global awareness, Initiative, Innovative, Self-directive, Social and Cross-cultural interaction etc.

Source: Policy document of NEP 2020 & 21st Century Skills-A Handbook, CBSE, Delhi.

Parenting is indeed a very tough job. It needs a lot of understanding, it needs a lot of emotion, it needs a lot of handholding, and, especially in these times, it's very complex. But in the midst of all this, parents can make learning an exciting experience for their children so that they find joy in learning, even as adults. Here are some points to remember:

1. Encourage self-help skills and self-learning.
2. Eliminate competition with others; competition should only be with the learner himself.
3. Appreciate your child for even the smallest good thing they do because today's children suffocate for lack of love and appreciation. So, instead of always focusing on what they cannot do, pat their backs for what they do.
4. Engage with your child and talk to them as much as possible. Sometimes you feel your child cannot understand something, and that's a sad thing. Every child understands things very well when you put them in perspective.
5. Don't make a big deal out of failure. Failure is just an event; resilience is more important. So, help your child get back up. As Oliver Goldsmith [an Anglo-Irish writer] said, "Our greatest glory lies not in never falling but in rising every time we fall." I think this is a very important message that children should receive from their parents.
6. Say goodbye to memorization. NEP 2020 focuses on "active, experiential, and playful learning" through stories, explorations, and hands-on activities, encouraging curiosity and holistic development.
7. Consider the struggle of choosing science or humanities for higher education. Say no more! NEP promotes a flexible "holistic" curriculum with integrated subjects and multiple pathways. Children can explore different

ISSN (Online): 2455-3662
EPRA International Journal of Multidisciplinary Research (IJMR) - Peer Reviewed Journal
Volume: 11| Issue: 4| April 2025|| Journal DOI: 10.36713/epra2013 || SJIF Impact Factor 2025: 8.691 || ISI Value: 1.188

interests before specializing later, with the flexibility to change majors much later or choose to switch from arts to sciences and even allow for shifts within these segments.

8. Multilingualism is encouraged! Expect your child to learn not only Hindi and English but possibly a third language such as German, French, or Sanskrit, which enriches their cultural understanding.
9. NEP focuses on assessing skills and understanding, not just memorization. Projects, presentations, and discussions should play a larger role in assessment.
10. Technology becomes a tool for learning, not just a distraction. NEP advocates for the responsible integration of technology in the classroom.
11. Parental involvement gets stronger: NEP recognizes parents as partners in education. Expect open communication, shared learning activities, and opportunities to contribute to your child's school experience.
12. Lifelong learning becomes the norm: NEP promotes lifelong learning, fostering curiosity and the ability to adapt to a changing world. This prepares your child for success that goes beyond tests and grades.

CONCLUSION

Teachers are the perfect professionals to build the cornerstone of our society. Therefore, it is essential to acknowledge the inevitable contribution of teachers by appreciating their indispensable role in equipping students with knowledge and skills. The role of teachers changes day by day as the wheel of our society also turns. Over time, several policy committees have been set up to explain what the role of teachers would be in changing society. Similarly, the outlines of NEP-2020 offer several recommendations to transform India by placing teachers at the centre of Indian education and understanding the role that teachers should play in the classroom. This is the right time for teachers to use the advantages of all the options that will be offered to you by NEP 2020. You must also have a big dream to become the creator of the fate of India. Many efforts must be necessary to improve their skills and maximize the possibility. As a developing country, India faces several errors in educational situations before the immediate implementation of the NEP 2010. It is necessary to fill the gap between politics and measures. All gaps must first be identified in order to implement policy in order to achieve a radical change in improving education, which ultimately means that the objective of a living and competent society is achieved. A good understanding and a partnership between parents and schools are the keys to nourishing the future. Together we embrace this new era of education and guarantee that our children are prosperous in the exciting world that is in front of us! After careful consideration, it can be hoped that all the proposed strategies will be highlighted with the actual cooperation of associated agencies that will certainly relieve the future Indian educational system.

REFERENCES

1. *Bhatt, T. (2022). New Education Policy 2020 Challenges and Opportunities for Teacher Education. Neuro Quantology, 20(20), 3414-3419.*
2. *Channawar, S. (2022). Conceptual Framework for Holistic Development: NEP 2020. Madhya Bharti, 82(24).*
3. *Choudhary, S. k. (2022). Education for Sustainable Development in India: A Narrative Review. International Journal of Mechanical Engineering, 7(2).*
4. *Hoque, A., & Baidya, A. (2022). New Education Policy–2020: A Critical Analysis of Gender-inclusive Perspectives. Association of Indian Universities, 60(23).*
5. *Jadhav, N. (2022). Issues and Challenges of National Education Policy (NEP) 2020 implementation in Teacher Education. International Journal of Enhanced Research in Educational Development (IJERED), 10(3), 188-191.*
6. *Kakodkar PV, Rishi Pathak P, Sriranga J. (2024) Transformation in the teachers' role according to the National Education Policy 2020 Guidelines in the Indian context. J Indian Assoc Public Health Dent 2024; 22:11-15.*
7. *Kamares. (2020). NEP 2020 challenges to teachers' education. International Journal of Applied Research, 6(10), 420-424.*
8. *Kumar, A., & Yadav, H.K. (2022). Teacher's role: in the reference to NEP 2020. Journal of Emerging Technologies and Innovative Research, 9(9).*
9. *Mahanta, B. (2023). Recommendations and Challenges of Teacher Education in NEP- 2020.Journal of Emerging Technologies and Innovative Research, 10(5).*
10. *National Education Policy 2020. Ministry of Human Resource Development, Government of India, NEP; 2020 Available from: https://www.education.gov.in/sites/upload_files/mhrd/files/NEP_Final_ English_0.pdf. [Last accessed on 2023 Aug 27].*
11. *Parveen, S. (2022). Role of Teacher in promoting Education for Sustainable Development (ESD) and its correlation with SDG4. International Journal of Reflective Research in Social Sciences ,5(1),8-12.*
12. *Putul.M.(2024). Exploring the role of teachers as reflected in NEP 2020. International Journal of Research and Review. 2024; 11(5): 482-495.*
13. *Sarkar, D. (2022). NEP 2020 holistic education to reboot society. The New Indian Express.*
14. *Seema, A. (2022). National Educational Policy 2020 - Heart of Sustainable Development Goals 2030. International Journal for Multidisciplinary Research (IJFMR), 4(5).*
15. *Sharad, P., & Amruta. (2022). Perception of Teachers in National Education Policy 2020. International Journal of Advanced Research in Science, Communication and Technology (IJARSCT), 2(5).*
16. *Sharma, S., & Kumar, T. (2020). Problems and Opportunities in Teacher Education in the Context of National Education Policy 2020.International Journal for Research and Innovation,7(7).*
17. *Sibia, A. (2021). Pedagogy for School Education NEP-2020.*
18. *Smitha, S. (2020). National Education Policy (NEP) 2020 - Opportunities and Challenges in Teacher Education. International Journal of Management (IJM), 11(11), 1881-1886.*
19. *Twenty First century skills- A handbook. (2020). Published by Central board of secondary Education.Delhi. Available From: https://www.education.gov.in/covid-19/Hindi/assets-hi/img/pdf/21st_ Century_Skill_Handbook.pdf*
20. *Yadav, S. (2022). Challenges in Teacher Education in the context of NEP, Higher Education and teacher skills for NEP 2020. Journal of Emerging Technologies and Innovative Research (JETIR), 9(10), 764-770.*
21. *University Grants Commission. Induction and Mentorship for Teachers of Higher Education; 2021. Available from:*

ISSN (Online): 2455-3662
EPRA International Journal of Multidisciplinary Research (IJMR) - Peer Reviewed Journal
Volume: 11| Issue: 4| April 2025|| Journal DOI: 10.36713/epra2013 || SJIF Impact Factor 2025: 8.691 || ISI Value: 1.188

https://www.ugc.gov.in/ pdfnews/3830777_Mentorship-Guidelines-.pdf [Last accessed on 2024 Jan 16].

22. *UNESCO. The Role of Higher Education Institutions for Lifelong Learning. Available from: https://www.uil.unesco.org/en/ role-higher- education-institutions-lifelong-learning [Last accessed on 2024 Jan 16].*