# THE USE OF FAMILY TRADITIONS IN THE SPIRITUAL DEVELOPMENT OF THE YOUNGER GENERATION

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#### **ABSTRACT**

This article is intended to guide the research on how to build an ethical relationship in the family, study of family education and family conditions, education in the family environment – the process of upbringing, studying the characteristic of ethical relations, providing analysis and methodological recommendations.

KEY WORDS: moral values, mutual respect, appreciation, cooperation, spiritually and physically mature generation.

#### DISCUSSION

Makhalla, family and community organizations and educational institutions play a special role in the development of our youth. In fact, a perfect generation is born into a family, and there are good or bad people in the family environment.

The First President of the Republic of Uzbekistan, Islam Karimov, emphasizing the role of family and parents in the spiritual and moral education of young people, said: "The child lives in the family environment since birth. Family traditions, values, customs and traditions form the puppet and most importantly, children understand and feel the demands of society through the school of family life. Parents have a duty to their children, and they owe it to their children. They are: to make a good name, to give in the hands of a good teacher, to educate, to make a profession, to be proficient, to make a head and two.

The fact that each family member has a particular spiritual world as a person to enhance family morale is based on the relationship between them. The moral values of the father and mother in the family determine the level of humanity and morality in the Oriental traditions of marriage. It is important that the spiritual world of the family embodies such values as mutual respect, appreciation, cooperation, compromise, compassion, kindness, patience, humanity, nobility, respect for elders, respect for the little ones. The recognition and application of such values in the family creates such an atmosphere in the family. This is very important for the formation of the heart and mind of the younger generation. On this basis, the conditions for full realization of the talents and potential of each family member will be created. As a result, the family is a place of spirituality.

Family upbringing is a stage in the universal process that provides the foundation for the education and life lessons that will be followed throughout life. Every parent has to understand their responsibilities and try to adhere to all the features that ensure the stability of the family, understand its goals and objectives.

As noted by President Shavkat Mirziyayev at the Fourth Congress of the Kamolot Youth Social Movement, "Today it is becoming more and more popular in our country. The motto "Take care of your child" is not only a motto, but it must become a practical activity that penetrates deeply into the hearts of every parent and every citizen. For this, I think it's time to fix this issue, that is, the legal responsibility of parents for the upbringing of children. "

Indeed, every parent is responsible for the upbringing of their child. An important prerequisite for the upbringing of our children is that families are built on a sound, spiritually sound basis, especially when parents themselves are brought up. Parents are the teachers of their child today. Because the interest in learning a child and reading a book begins with the family. Nowadays, it is important to encourage our children to study, to read, and to protect themselves from all the evils that can be avoided. When raising a child, every parent should feel responsible for every minute.

As long as the family has a healthy environment, they will form a healthy, harmonious person. Upbringing of young people is especially important in the development of physically strong, mentally healthy, universal culture, high education, modern knowledge and skills.

It is noteworthy that in the works of our great thinkers on family education, in the holy books, he expressed his own observations. In particular, Islamic education focuses on the upbringing of children: "In Islam, education is much more comprehensive than education. Because the upbringing puts the child at home, on the street, at school, with the hard work of self-control, the ability to act reasonably, to subdue the body and the soul.

The basis of upbringing is the family environment. The child grows up by analyzing what he sees at home. The family should be of a noble character, calm, considerate, and a little politicized, and the mother should be kind, compassionate, nonviolent and kind

It is up to parents to bring up healthy, physically strong children.

The Prophet (peace and blessings of Allah be upon him) urged the Ummah to educate your children with good, healthy, vigorous, attentiveness, "Teach your children to swim, bow, shoot, and ride." After all, a healthy and strong child benefits his country everywhere.

In the family, special attention is paid to the upbringing of girls. It is also a parent's responsibility to prevent a girl from getting married early and direct her to a career in science.

A number of conditions have been created by the state in this regard, and several tasks have been set for further focusing on this issue. In particular, President Shavkat Mirziyoyev addressed the Fourth Congress of the Kamolot Youth Social Movement, stressing that "the protection of the rights and interests of our girls, the development of their talents and abilities should be further strengthened." Thus, the most valuable traditions for a girl are such qualities as honesty, honesty, dignity, shame and hard work.

Each member of the family is a sanctuary of spirituality, bringing up a spiritually and physically mature generation that promotes the development of national and universal values that preserve the nation's continuity.

Family is the cornerstone of the individual's formation, self-reliance, and respect within the country. The family is a foci of upbringing that preserves the continuity of life, preserves our sacred traditions and, at the same time, directly influences the future generations of people.

Nowadays, it would be useful to raise the unorganized youth in the family environment and to address the following issues:

- 1. Improving the work of systems to enhance family morale
- 2. The introduction of new procedures for the upbringing of girls based on our national values and traditions
- 3. Bring the issue of physical culture to the family values

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