



## VALUE OF WATER AT "AVESTA"

**Abduraimova Muqaddas Ergashovna**  
Docent,  
Candidate of Political Sciences

**Saparov Berdiyev Baltabaevich**  
Doctor of Philosophical Science(PhD)  
Department of Humanities  
Tashkent State Agrarian University

### ANNOTATION

*In this article, immortal ideas on water appreciation, the extraction of canals, the extraction and irrigation of water, as well as the development of farming using groundwater were put forward in our rich spiritual heritage "Avesta".*

**KEYWORDS:** *Avesta, Zardusht, Ahura Mazda, Vandidod, Yasna, independence, farming, irrigation farming, farm culture, farmland land, garden plot.*

### DISCUSSION

In Central Asia, Water has been appreciated and respected since ancient times. Particular attention is paid to the development of farming, using the water resources of rivers, extracting, extracting and watering canals. Our predecessors honored him for the fact that they thought that life begins with water.

Since the territory of Central Asia is considered a land of drought, the water here has been valued as a golden example from ancient times. Our people have not said in vain that "there is life where there is water." Therefore, the water in our country was used as a saving and saving investigation.

On the territory of Turonamin there are very few rivers than in other countries of the world, their low water, unfavorable for the passage of ships, and on top of that, they do not go to the sea, disappear and sink in dry steppes or sand deserts, lack of precipitation, and a small number of domestic waters have come up with a number of problems the extreme shortage of water, the inability of cool air to fully meet the needs of Turonamin, like many other countries of the ancient East, necessitated the development of farming by the extraction of canals, the extraction and irrigation of water, the use of water resources of large rivers, as well as groundwater. This object of necessity dictates the creation of a unique complex irrigation system, the development of artificial irrigation in the practice of farming.

Our grandfathers conveyed to the minds of men through their wise sons the waste of water, the impossibility of poisoning the air, the absence of life without water, without air, through their words of wisdom, the caress of water, the end of life in a place without water, the destruction of progress, degradation, even more precisely the extinction of mankind, rightly prophesied three to

In this issue, a rare book of zaraostrism - "Avesta" has a special scientific-practical, educational significance. "Avesta" is an encyclopedic work that teaches life lessons about the fact that there is life on Earth where there is water, water is the basis of the total existence of living organisms, without which is inevitable to strike the universe, the nabototov animal world and humanity unbalanced. It is not only valuable for ancestors, ancestors, but also serves as a guide for the present and future generations. About water we give some examples from "Avesta":

"We finally applaud the waters.

We praise the low-flowing, aggregating and flowing, noble-minded lime waters.

- O Waters!

You are fluent in goodness. You wash the contradiction clean and you deserve two world happiness. We respect you.

We applaud you, O good waters, with the names that Ahura Mazda has become a gift of sympathy. We praise you by means of those names. We dream of friendship from you through those names. We pray with those names. We will leave our gratitude with those names."

"I applaud the best waters Mazda has created. I applaud the waters of the community ashavan, which Mazda has built."

("Avesta". Yasna, 17- hot, 61 page, 38- hot, 77 page)

Worship in our ancestors, the glorification of water has existed since ancient times. The following opinion was expressed about this in our historical heritage "Avesta":

"O Sipiymon Zardusht!

Whoever exulteth purgation, it is he who hath entertained the fire. Water will please... It will please the trees. Ashavan husbands and ashavan women will



have made pleased."

According to the Zarathustra doctrine, it is strictly forbidden to throw dirty things into the water and air to pollute, river, sea, fountain, ditch, well and pond waters. On the banks of rivers and ditches it is not allowed to feed cattle, to tie horses. It is estimated that our ancestors, who spit on the water, sweep the garbage depending on the water, take water from the ditches and ponds in clean unwashed dishes, look at the water without being unclean are unethical in terms of their religious beliefs. They revered the river, the sources of water.

Those who did not spit, looking at it, did not wash, knocking on the arm. No one was arrogant about the water, it was not even allowed.

Dogs, animals let alone the dead, even the body of people-the corpse is not laid on the ground, the water does not flow. If the water is polluted, then everything both the soil and the air, and the plants that enjoy it, and the herbs, too, the animals believed that it would be unclean in poultry, and those who follow it.

Our ancestors knew very well that a person who ate dirty sucking, breathed dirty air, stepped on unhealthy soil cannot become energetic, spiritually trigger, his life will be short. Therefore, the basis of life is water as the pupil of the eye the honorable duty of a certain person, but also the honorable duty of mankind, people of all ages and sexes, was considered a human duty.

In the chapter titled "Vandidod" of Avesta, it is also reflected in the provisions on the rational use of water, what punishment will be imposed for air pollution:

- O Truth!

If he encounters water on the road, and the water is smeared, what will be the punishment?

Ahura Mazda answered:

-Aspahih - ashatra and saravushu-charana will be rewarded 400 times with whips."

He also emphasized that fresh and mineral water can be used for medicinal purposes in the "Visparad", "Vandidod" and other departments of Avesta.

Later, the opinions put forward by scientists in the Zarathustra doctrine about the healing of water were given on the basis of the correctness of science. Natural sciences have proved that water has a curative effect on the human body with its thermal fluidity, abundant thermal conductivity, good solubility of various salts and gases and other properties. Mineral water-soluble gaseous substances penetrate into the body through the skin and respiratory tract, are used to stimulate the activity of the nervous cardiovascular systems in the vascular walls and organs, accelerate the exchange of substances in fat, as well as to temper the body.

From ancient times to now, water is used as a healing blessing in the care of babies. Water-

standing-finished miracle. In the religious and secular sciences it was said that all living things came out of the water. Our ancestors created many proverbs and proverbs about how necessary and valuable it is for the life of mankind and nature, the value of water, the need to save, not pollute, and keep clean, based on the doctrine that there is life on Earth there is water. They still live in the distant past, despite the fact that they appeared many centuries ago, passing from languages to languages, from ancestors to generations as masterpieces of human thinking.

Turonzamin, who lived in certain periods of our past history and lived a long life - tales and proverbs about obihayot, which were told by the ancestors of Turkestan, are now also keeping its significance in full.

Below you can read examples from them: «Сув олтиндан азиз», «Сув зар сувчи заргар», «Сув келди - нур келди», «Сув келди, сув келди, ариқ тўла нур келди», «Сувнинг қатраси - офтобнинг зарраси», «Сув - ёруғлик», «Элнинг ҳаёти ер билан, ер ҳаёти сув билан», «Ариқдан сув узилмаса, саватдан нон аримас», «Сув йил оқар Йамга гул тақар», «Сув таралар тупроққа, оро берар япроққа», «Томчи сувда тол кўкаррар», «Сувсиз ерда тол бўлмас, қовоғарида бол бўлмас», «Сувсиз ер - мозор, сувли ер - гулзор», «Сувсиз ер - жонсиз жасад», «Сувсиз ерга қуш кўнмас, Ўтсиз ерга юрт кўнмас», «Сувни қум тагидан қидир», «Қум бор жойда сув бор, сув бор жойда жон бор».

Our wise patriarchs predicted that air pollution is extremely dangerous for life, human life and prospects. They say that a person, an animal and a plant that breathes polluted air, perishes gradually, without being able to live, is exterminated. Air pollution is a source of common diseases. Both the father and mother of the herbalist are peasants. Thanks to this profession, people have grown accustomed to living in a certain place, making a place where the blood of navel drops, putting kindness and prosperity in the same place, laying a bottom on the same sacred ground and spreading the oak. More life is this civilization. This is the first step towards cultural, spiritual, educational maturity. This is the fact that each nation and nation has its own destiny and destiny, its own labor, mind and vision, and a strong waist for the prosperity of its village, its hunting, its meat.

Capricorn life is self - realization, a manifestation of what strength, abilities and opportunities one has in himself. In other words, water on this floor, is a special love for the source of life, an unusual eye, an unusual approach to thought and worldview, loving them, fondness.

The bowl of nation, a person who does not have love for the earth, water, air, does not flow, is



left behind by progress, cannot achieve prosperity, cannot develop the peasant culture at the level of secular criteria. If the first stage of farming is lalmiculture, then the upper stage is irrigation farming. But in any land, too, watering can not be done as a peasant. To do this, the land with fertile soil, which is located at the bottom, needs saturated water for natural mines, sufficient sunlight and a moderate climate. Due to the happy fate of our people laughing at the manglai, there are four such dachnas in the oasis and valleys of Turkestan – Uzbekistan, for this reason, in our country, irrigated farming has developed since time immemorial, a rich and high-quality harvest is obtained.

Water plays a big role in irrigation farming, such as land, sunlight, climate, human labor. In other words, water is the most important, decisive factor in farming in general, especially in the fate of irrigation peasants. Our ancestors understood this deeply. They learned that the solution of the water issue, which occupies an irreplaceable place in the life of mankind, is an extremely difficult task. It is possible to learn from the wise sons of our people that the prosperity of the land will not fall from the hands of any person: «Экин экмөк осон, сув келтирмөк кийин», «Сув келтирар мард киши, экин экар ҳар киши», Сув келтирган мард сув бермаган номард», «Сув қадрини қудуқ қазиган билади», «Сув ичсанг, қудуқ қазиганни унутма», Сувни севган сув келтирар», «Сув берган савоб, ўт берган кабоб», «Сув ичаётганга илон ҳам тегмас», «Сувни ич, чашмани булғатма», «Қудуққа тупурма, қайтиб ичаринг бор». To convey to our children and young people that great meaning and meaning lies in the time of these proverbs is the duty of every citizen to patriotism is a requirement of today.

Therefore, it should be said that our ancestors Jayhun and Sayhun, respected and honored their rivers. In this regard, it is worthwhile to mention Istakhri's words: "Khorezm is a country that has achieved all the benefits of Jayhun (Amudarya)".

Since our predecessors imagined that life begins with water, they made it divine, created legends about the god of water, the mermaid, and these legends are preserved even today in ancient Khorezm they called the God of water in the name of the Hubbi. This proves that they imagine water as a divine power. Academician Yahyo Gulomov wrote: "It is interesting to note that in the Ferghana Valley, a number of legends about Erhubbi have been preserved, and since both is also a water god-murakkili, his image is similar to the image of the Hubbi, the god of Khorezm. Such an analogy can be continued again: in the Valley of Ohangaron, for example, they also respect the Hubbi, when passing through the river of the vibrant Ohangaron, they ask for help from the Hubbi. It is not far from the truth that the healing "Khuja Hubbon" well, located in the

desert in the western part of Bukhara, is also associated with the name Hubbi .

There is another important aspect of the teachings of our ancestors about water. This is a warning against the risks associated with flooding. When snow or glaciers melted, when the rains burned, the water levels of the river rose, droughts, invaded cities and villages, as a result of which animals, people died a lot.

As is known from history, terrible natural disasters have occurred on earth, including in Turonzamin several times. The descendants of our grandparents, who experienced such a terrible accident, noted that great grandson was careful with his grandchildren, did not miss vigilance. «Ўт билан сув- тилсиз ёв», «Сувнинг иши- ўпирмоқ, ўтнинг иши - куйдирмоқ», «Сув бузади ҳам тузади ҳам», «Сувнинг ози ҳам бир бало, кўпи ҳам бир бало», «Ўт балосидан, сув балосидан ўзинг сақла», «Сув ўприб кетган тўғонни дўппи билан беркитиб бўлмас», «Сув келмай банд ташла» the words of wisdom, the echo of centuries, preserved so far as the eternal call of the past, are coming without losing its significance.

Life begins with water, any living being cannot live without water, the wisdom of Avesta that water is the sacred duty of every person to honor as the basis of divine favor foundations is an eternal lesson for mankind. Mankind has come to the test, having noticed that pure air and pure water are incredibly necessary for man in the process of his many millennial life experiences and in his proverbs, the wisdom says that it is necessary to use both air and water as wisely as possible: «Соф ҳаво- танга даво», «Тоғ ҳавоси - дард давоси» like proverbs about the inevitability of water and air in full harmony with the ideas of "Avesta".

Avesta said that one of the most important in nature conservation problems is to prevent water pollution. Because of the lack of rational disposal and appreciation of water, pollution of materials, lakes, seas and oceans and from this the world of mankind, plants and animal suffered in vain, and even the inevitability of destruction were realized by our ancestors. In many works on folk oral medicine, written monuments, literature, art, history, medicine, philosophy, even water has expressed an excellent opinion about its usefulness.

The history and practice of mankind for several millennia gives the following conclusion: "the best of the waters is spring water. But not all springs, but the water of the spring, where the husband is clean and does not have any foreign properties and mood in the soil; or (where the water flows) should be rocky, because it does not sound like a slime, but a clean earth is better than a rocky ground. Not everyone will be a spring with clean soil (the water is good); it must be water that flows again, because these are the things that give the water a



virtue.

Sheikh ur-raisi Abu Ali ibn Sina said: "rain water also comes into the sentence of good waters, especially if it is burned from thunderstorms in the summer... Rain water is considered the best water, but it is quickly calming, because it is very liquid, and the deterioration of the Earth and air quickly affects it. The sound of such water becomes the cause of the hoarseness of the hilts, and the chest also damages the voice.

According to the teachings of scientists, well water, such as springs and rainwater, as well as water that can be dissolved from ice and snow, also have its own characteristics. "After the waters of the Springs, - says Mir Muhammad Hussein al-Oqili in his book *Mazhan al-adviiya* ("Davolar xazinasi"), - in beauty stands the waters of the river and stream. The river and the river stream water, flowing from the top to the bottom, the soil is clean, the top is open, the wind is beating, it is itself sweet, pure clean, flowing from the West or south to the East and North is the cleanest water. They say that as long as there are all the available adjectives on the Nile River. Such water will also be clean, if the rivers and rivers flow quickly, mixing it with the water of sand and mud on the shore or in itself, but when taken to a container, it will quickly become turbid. For example, in rivers such as Amudarya, Sirdarya, Tigris and Euphrates, these adjectives exist. The water of rivers and rivers without these qualities is not considered clean.

Superficially looking at the issue, the water on our planet seems to be infinitely boundless. But while in fact it. If all the waterworks in the world if 1,500 million cubic. kl, then its 94% is Ocean, sea water. And 6 percent of the water reserves are groundwater and glaciers. And the world's water reserves are only 0,0221 percent of all water reserves. Apparently, the issue of drinking water is being addressed as one of the most serious problems in the world. Today, a sharp shortage and pollution of water resources, including surface and groundwater, is of great concern to Uzbekistan. Rivers, canals, reservoirs and even groundwater in our region are affected by human activity. In irrigated areas, water is an invaluable gift of nature. All life is connected with water. Already in the place where the water ends, life also ends. Nevertheless, water reserves in Central Asia are very limited. Amudarya, which brings 78 cubic kilometers of water a year, and Syrdarya, which brings 36 cubic kilometers of water, are the main water sources..

Therefore, water protection, water saving investigation, rational use, prevention of waste is one of the important directions of the environmental policy of the Republic of Uzbekistan.

This is stated in the works of the Constitution of the Republic of Uzbekistan, Islam Karimov «Биздан озод ва обод Ватан қолсин», «Ватан саждагоҳ каби муқаддасдир», «Ўзбекистон XXI аср

бўсағасида: хавфсизликка таҳдид, барқарорлик шартлари ва тараққиёт кафолотлари», «Ўзбекистон XXI асрга интиломда», «Ўзбекистон мустақилликка эришиш оstonасида», and President Shavkat Mirziyoyev «Эркин ва фаровон, демократик Ўзбекистон давлатини биргаликда барпо этамиз», «Танқидий таҳлил, қатъий тартиб-интизом ва шахсий жавобгарлик- ҳар бир раҳбар фаолиятининг кундалик қоидаси бўлиши керак», «Буюк келажакимизни мард ва олжаноб халқимиз билан бирга қурамиз», «Қонун устуворлиги ва инсон манфаатларини таъминлаш- юрт тараққиёти ва халқ фаровонлигининг гарови» and important steps were taken in his speech at the 72 - session of the General Assembly of the United Nations on September 20, 2017. In particular, it is noted that "there is no other rational way to solve the water problem than to equally take into account the interests of the countries and peoples of the region". As defined in the Constitution of the Republic of Uzbekistan "water, like land, underground resources, plant and animal world and other natural resources, is a state property - a national wealth, rational use of which is necessary and they are in state protection" . The work carried out in our country on the rational use of water saving and its care is evidence of the fact that the immortal ideas put forward on the care of water in the great heritage of our ancestors "Avesta" still retain its significance today.

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