



# **SOCIO-PEDAGOGICAL FACTORS OF INTEGRATION OF PHYSICAL AND SPIRITUAL-MORAL EDUCATION IN YOUTH STUDENT**

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## **ANNOTATION**

*This article outlines the need for an integrated approach to teaching the harmonious generation. The article also describes how to integrate physical and spiritual-moral education in the personality of the student.*

**KEY WORDS:** *education, upbringing, harmonious generation, integration, personality, physical education, spiritual and moral education, acting, morality and ethics, didactic principle.*

## **INTRODUCTION**

The need for education in modern science and technology development, in close cooperation with the market economy and production is considered to be one of the main objectives of the National Program for Personnel Training. Therefore, the effective use of integration in the development of education becomes a priority.[1]

## **OBJECTIVES**

In addition to the scientific researches of our country's professors and scientists on the integration, foreign scientists also carried out their research. "Integration is the convergence and interdependence of disciplines in the processes of differentiation. One of the disciplines in the system of general secondary education is the development of scientific and pedagogical bases of integration of the subjects of physical education, which increases the effectiveness of education and eliminates the burden of overwork and stress. The process of integration appears in the highest form of interdisciplinary connectivity" [2]

Integration can be seen as a source for finding new evidence that confirms or deepens students' observations and conclusions in various disciplines. In this regard, our research focuses on the integration of physical and moral education in the formation of the younger generation. In view of the above, integration provides a great potential for systematic

interdependence between disciplines, complementary, complementary, and perfecting disciplines.

## **METHODOLOGY**

Every social system has such concepts as physical education, education, spirituality and enlightenment, which provide for the physical growth of a person, which requires the study of changes in pedagogy in connection with the development of society. It builds the willpower, teach you to aim for a specific purpose, to endure difficulties and to endure. Sport is not only physical but also an important factor in spiritual and moral development. It instills a feeling of confidence, pride and pride in victory in the human heart.

President of the Republic of Uzbekistan SH. Mirziyoev notes this: "We will continue to attach great importance to the dynamic development of sports, encouraging and supporting athletes who have achieved outstanding results in international competitions. The issue of upbringing a physically and spiritually mature generation in our country is a nationwide task, and the focus of our present policy is to consistently and persistently continue to work toward this noble goal. Physical education plays a key role in the comprehensive development of the younger generation: mental, spiritual, moral and physical development. It is important to successfully address the issue of upbringing morally and spiritually mature people, to



study the historical traditions, spiritual values, scientific heritage and historical and educational experience of our ancestors and realize their achievements. [3]

### STATISTICAL DESIGN

Clear historical, natural and social factors are the basis for their formation and development. It is clear fact that the thinking, lifestyle, physical culture, spiritual and moral views of any nation or nation do not spontaneously form in a vacuum. Good manners also mean that we are not just others. In particular, according to our national traditions, the perfection of a person is, first and foremost, manifested in his spiritual and moral maturity, in his efforts to deeply explore and enrich the heritage of his ancestors, and to show respect and honor. As we look at history, the activities of great people are not only profoundly organized and profound, but also with their morals and ethics. [4]

### RESULTS

Not everyone can determine the level of perfection on their own. Perfection is better for everyone than for each individual. A perfect person is a person who is completely free from slavery, ineligibility, and dependence. While physical education is one of the important stages of pedagogical education, it is home to a wide variety of exercises, sports, travel, health-improving factors (sun, water, air, hygiene), and mobile games. High culture is formed, developed and improved in the educational process. In particular, physical states are an important factor in shaping and enhancing human qualities. As mentioned earlier, the natural movements of people are nurtured by special exercises and games that contribute to the development and improvement of the joints.

### SUGGESTIONS

The referees will be fair in controlling the passing of the games. Teacher and active learners play a key role in making the games fun, organized and fun. Visually, that is, didactic principles and methods are often used to study and conduct moving games. These situations are consistent and perfect for students. It is important to draw a field or playing field, to express rules by hand, to draw the technical actions of the players. The use of schedules, sketches, slides, video images, and other technical tools is fully reflected in the game's performance.[4]

### CONCLUSION

The importance of national action games will need to further improve students' physical fitness, improve their physical fitness, and promote these issues in other areas. Summing up the above points, it is important to note that the following tasks should be implemented to ensure the integration of physical and

moral education in the formation of the student's personality:

1. Development of principles, principles of the integration of physical and moral education in the formation of the student's personality.
2. Creation of moral and ethical criteria for the choice of physical training, shaping the personality of a harmoniously developed generation.
3. Develop a program to ensure the integration of physical and spiritual education in the formation of the student's personality.
4. Creation of scientific and methodological recommendations on the definition of forms, methods and means of formation of moral and moral qualities in students through physical education.
5. In-depth study and analysis of the process of ensuring the integration of physical and spiritual-moral education in upbringing of a harmoniously developed generation as a pedagogical problem.
6. To study the content and pedagogical and psychological features of physical and moral education of students.
7. Determination of the optimal forms, methods and means of ensuring the integration of physical and moral education in the formation of the student's personality.

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