



A STUDY TO ASSESS THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME ON KNOWLEDGE REGARDING BREAST ENGORGEMENT CARE AMONG PRIMI MOTHERS IN POSTNATAL WARD AT SMVMCH, PUDUCHERRY

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ABSTRACT

“A Study To Assess The Effectiveness Of Structured Teaching Programme On Knowledge Regarding Breast Engorgement Care Among Primi Mothers In Postnatal Ward At SMVMCH, Puducherry”. The objectives of the study are to assess the knowledge on breast engorgement care among primi mother, to evaluate the effectiveness of structured teaching programme by comparing pre and post test scores and to determine the association between the pre-test level of knowledge among primi mothers regarding breast engorgement care with their selected demographic variables. One group pre-test and post-test research design was used. Structure interview questionnaire was used to collect data by using non-probability convenient sampling technique. The data obtained were analyzed and interpreted in terms of the objectives and hypothesis of this study. Effectiveness and inferential statistics were used for data analysis; the level of significance was set at 0.05 levels. And the result of study concluded that in pre test 50% of postnatal primi mothers has inadequate knowledge whereas in post test 93% postnatal primi mothers had adequate knowledge. Thus there was gain in knowledge after structure teaching programme.

KEYWORDS: Effectiveness, Breast engorgement care, Primi Mothers, Postnatal Ward.

INTRODUCTION

Breast feeding is the best & natural thing which is good for babies' health. Nutrition wise mothers have a choice, there's a highly recommended feeding & it is through breast feeding.

Breast engorgement is an accumulation of increased amounts of blood and other body fluids, as well as milk. The engorged breast becomes very full, tender and lumpy. The common cause of engorged breast are giving placental feeds, delayed initiation of breast feed, early removal of the baby from the breast, bottle feeding and any restriction on breast feeding.

OBJECTIVES

1. To assess the knowledge on breast engorgement care among primi mothers
2. To evaluate the effectiveness of structured teaching programme by comparing pre and post test scores

3. To determine the association between the pre-test level of knowledge among primi mothers regarding breast engorgement care with their selected demographic variables.

HYPOTHESIS

H1: The mean post-test knowledge score of primi mothers on breast engorgement care will be significantly higher than their mean pre-test knowledge score.

H2: There will be a significant association between level of knowledge of primi mothers regarding breast engorgement care with their selected demographic variables.

DATA ANALYSIS AND INTERPRETATION

SECTION- A

Distribution of demographic variable of postnatal primi mothers.



SECTION-B

Comparison between pre-test and post test scores on knowledge of breast engorgement care among postnatal primi mothers at postnatal ward SMVMCH, Puducherry.

DISCUSSION

A total number of 30 postnatal primi mothers in SMVMCH were selected the study. The pre-test was conducted using a structured questionnaire. After pre-test, structured teaching programme on breast engorgement was conducted using the same researcher. After seven days post test was conducted by using the same questionnaire in the same manner. The study had proved the structured programme had brought about excellent changes in the level of knowledge in the antenatal mothers in SMVMCH, Puducherry

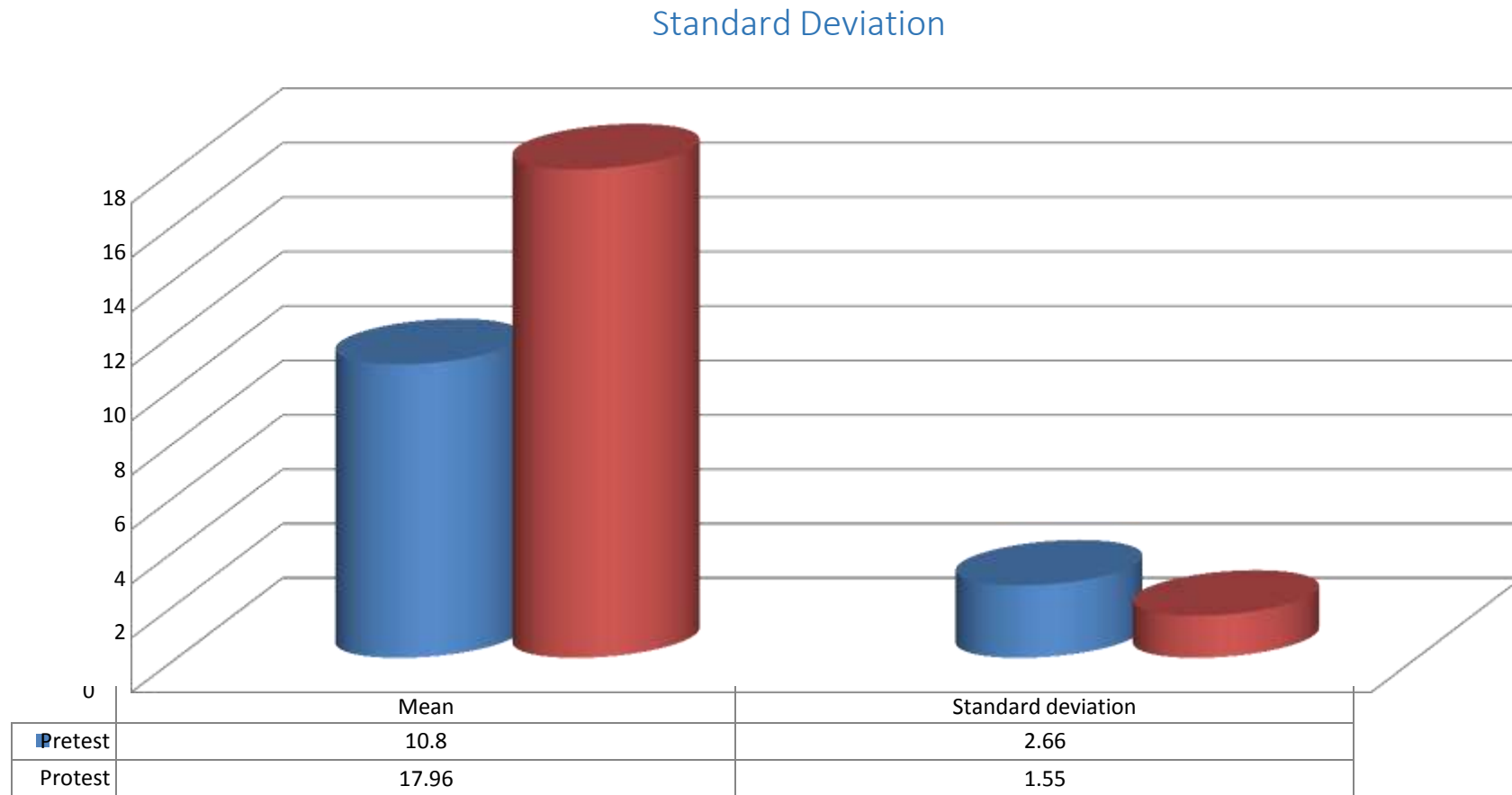


Figure 4 Graph representing the distribution of postnatal primi mother according to their level of knowledge regarding breast engorgement



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