



WORK, OPPORTUNITIES AND CONDITIONS ON PUBLIC HEALTH PROTECTION IN UZBEKISTAN

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ANNOTATION

In this article described improvement of health care system in our country. Essential attention is given to social protection of motherhood and children. The author analyses admitting of achievement of our government in the sphere of health care by the world society.

KEYWORDS: *health care, reform, medical service, harmoniously developed generation*

INTRODUCTION

The book of the first President of Uzbekistan Islam Karimov "Uzbekistan on the threshold of independence" provides an in-depth analysis of the political, economic, cultural and spiritual situation in Uzbekistan in the late 80s and early 90s. It states: "When we talk about focusing on social issues, it is important to emphasize that improving health is a priority. On top of the fact that the material base of this network is extremely poor, we do not have a well-organized and efficient use of this sector. It is no exaggeration to say that the nation's offspring fund will have to carry out a large set of large-scale measures to save it from disaster. The role of family physician needs to be reinstated. It is time to address this issue, organize the training of such doctors and create working conditions for them". (Khayrullayev Ch.K., Khayrullayeva Z.Ch. *et al.*, august, 2020).

MAIN PART

The Decree "On the State Program of Health Care Reform in the Republic of Uzbekistan", adopted as a prelude to one of the five important principles set by the first President of our country in the first period of independence, has served as a solid foundation.

One of the important issues is that every parent should pay attention to the health of their child not before they reach the age of marriage, but much earlier. Article 17 of the "Family Code" of the Republic of Uzbekistan of 1998 ("Code of the Family" of the Republic of Uzbekistan, *et al.*, 1998) stipulates that married persons must undergo a medical examination before their marriage can be registered. According to the Resolution of the Cabinet of Ministers of the Republic of Uzbekistan dated August 25, 2003 (Resolution of the Cabinet of Ministers of the Republic of Uzbekistan, *et al.*, 2003), the marriage will be subjected to an in-depth, high-quality medical examination before the marriage is



registered. According to the decision, the couple will now undergo a comprehensive medical examination at the clinic where they are registered for five different diseases: mental, drug, trauma, tuberculosis, AIDS, without having to undergo a general medical examination. If the disease is diagnosed in boys and girls, it is up to them to decide whether to get married or not. Premarital medical examinations are mandatory in many countries. Hence, it would be incorrect to understand human health, the purity of society, as a deliberate necessity as an infringement on human freedom. In Uzbekistan, medical examinations are free of charge. 160,000 (320,000 young men and women) are registered in the country every year.

During the years of independence, many effective activities have been carried out, such as improving the quality of medical services, bringing medical care closer to the population by improving the activities of rural health posts, the establishment of modern specialized research centers in 10 important areas of medicine. On the basis of the Resolution of the First President of the Republic of Uzbekistan dated November 28, 2011 "On measures to further deepen the reform of the health care system" (Khayrullayev Ch.K., *et al.*, June, 2020), 102 more rural health posts were established in the most remote areas of the country. Over the years, the measures taken in our country within the framework of the program "Healthy mother - healthy child" recognized by the international community have reached a new level. In particular, in cooperation with the UN, UNICEF and other international funds, the Health-3 project has improved the skills of medical staff, qualified diagnostics using modern technical means, early treatment of diseases on a clear plan, with special coverage of all segments of the population. Diagnostic, screening and perinatal centers equipped with modern medical equipment, new maternity wards have been built in the capital and regions to protect the health of mothers and children. New screening centers have been established in all regions within the framework of the State Program "Mother and Child Screening". Achievements in the field of public health, in particular maternal and child health In 2011, a number of international organizations, including the World Health Organization, participated in the International Symposium "National Model of Maternal and Child Health in Uzbekistan: Healthy Mother - Healthy Child" in Tashkent. The organization was highly praised by UNICEF.

In 2007, Uzbekistan was included in the list of 4 out of 53 countries designated by the World Health Organization for the implementation of the European Strategic Program "Health and Development of Children and Adolescents". became the criterion. In 2010, the World Health Organization recommended the Uzbek medical model as a model

for other countries. In 2011, Save the Children in the United Kingdom ranked Uzbekistan as one of the top 10 countries in the world for child health among 161 countries. As a result of measures taken to ensure epidemiological stability in our country, for a number of years no polio, diphtheria, tetanus were registered among the population. In 2002, Uzbekistan received a certificate from the World Health Organization on the polio-free zone. As a result of effective preventive and anti-epidemic measures, quarantine and highly contagious diseases such as plague, plague, yellow fever, anthrax, avian influenza, as well as the spread of the new A (H1N1) influenza have been prevented.

If we look at the annals, 1999 - "Year of Women", 2000 - "Year of Healthy Generation", 2001 - "Year of Mothers and Children", 2008 - "Year of Youth", 2010 - "Year of harmoniously developed generation", 2012 - the Year of the Family, 2014 - the Year of the Healthy Child, 2016 - the Year of the Healthy Mother and Child. On February 7, 2017, President Sh.M.Mirziyoev approved the "Action Strategy for further development of Uzbekistan in 2017-2021" (Decree of the President of the Republic of Uzbekistan, *et al.*, February 7, 2017). The state programs adopted during these years, as well as the work done in accordance with it, have served as an important factor in educating a comprehensively developed generation in our country.

The achievements of Uzbekistan in this area have been recognized by foreign experts. For example, the Minister of Health of Latvia Ingrida Tsirtsene said: "Uzbekistan has made great strides in the field of healthcare and it is commendable work in this area is being carried out in accordance with the standards and priorities of the World Health Organization. The statistics also show positive changes in the health care system in Uzbekistan, including women and children."

Gunte Lazdane, a consultant on reproductive health at the WHO Regional Office for Europe, also commented on the issue: "Maternal and child health in Uzbekistan has risen to the level of a nationwide movement. Such constant attention and care for the interests of women and children is bearing fruit." The large-scale reforms underway in our country to protect human health are highly recognized by the world community. These can be explained by:

President Shavkat Mirziyoyev was awarded the UN Interagency Working Group on the Prevention and Control of Noncommunicable Diseases (UNICEF);

According to the "Yuksalish" national movement, the 11th meeting of UNICEF (November 8-9, 2018, Geneva) decided to establish an annual special award to recognize and promote the achievements of individuals who make a significant contribution to the prevention and control of noncommunicable diseases.



On May 20, 2019, at the 72nd session of the World Health Organization (WHO) in Geneva, the Minister of Health of the Republic of Uzbekistan Alisher Shodmonov was elected WHO Vice-President for the WHO European Region.

It is a great achievement that Uzbekistan, among the few countries in the world, has recognized the complete eradication of malaria on its territory.

It is worth noting the great assistance of WHO experts in creating a concept for the development of the health system of the Republic of Uzbekistan in 2019-2025, approved by the Presidential Decree dated December 7, 2018 "On comprehensive measures to radically improve the health system of the Republic of Uzbekistan" (Decree of the President of the Republic of Uzbekistan, *et al.*, December 7, 2018). Thanks to the support of international experts, effective measures are being taken to improve health financing, introduce compulsory health insurance and e-health, promote healthy lifestyles and healthy eating, fight infectious and non-communicable diseases, and harmful habits.

It is known that today the coronavirus pandemic has spread all over the world and did not bypass Uzbekistan. Nowadays, all efforts and means, funds and resources are aimed at preventing the spread of the coronavirus epidemic, the recovery of those infected with the virus, the stabilization of the sanitary-epidemiological situation in the whole country. In order to protect the life and health of citizens, on March 23, 2020, the Cabinet of Ministers of the Republic of Uzbekistan adopted a resolution "On additional measures against the spread of coronavirus infection" (Resolution of the Cabinet of Ministers of the Republic of Uzbekistan, *et al.*, March 23, 2020).

It also outlined the following additional tasks: to develop and implement the necessary measures to prevent the spread of coronavirus infection among the population; to coordinate the activities of law enforcement and other government agencies within their competence; control over the uninterrupted supply of priority medicines, masks and medical supplies (disinfectants, etc.) to the population at fixed prices; regular analysis of the situation with the spread of coronavirus infection in the country, etc.

The responsibility to fight the virus and save lives naturally falls on doctors. The pandemic has shown how important a profession doctors are and how they have a place in society. Every day is a heroic day for the medical staff who have been carrying out such an honorable task faithfully to their oath.

At present, large-scale measures are being taken in our country to prevent the entry and spread of coronavirus. In particular, strict control was established over the provision of sanitary and

epidemiological tranquility, control of the epidemic and compliance with quarantine regulations.

Comprehensive measures against coronavirus in the country and, most importantly, the transition of the population to a life of isolation and adherence to the principle of "social distance" by the population with a deep sense of responsibility are clearly bearing fruit.

CONCLUSION

As President Mirziyoyev Sh. M. noted at the solemn meeting on the occasion of the 27th anniversary of the adoption of the Constitution of the Republic of Uzbekistan: "In Uzbekistan today, the entry into social life of the harmoniously developed young generation, who think freely and make a worthy contribution to the development of the country, is of great importance. In Uzbekistan, children with a bright future are treated with confidence and respect, and all opportunities are created for them to grow up healthy and strong. It is no coincidence that the work being done in our country in this direction is recognized by the world community".

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