



# TECHNOLOGY FOR THE DEVELOPMENT OF COGNITIVE COMPETENCE IN FUTURE TEACHERS BASED ON THE ACMEOLOGICAL APPROACH

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## ABSTRACT

*This article discusses the significance and opportunities of acmeogramma in forming the modern teacher. The author highlights some structural parts of pedagogical acmeogramma and methodological support of formation of professional competence of future teachers on the basis of acmeological approach as well.*

**KEY WORDS:** *acmeologic approach, professiogram, acmeogram, creativity, autopsychological ability.*

## DISCUSSION

The President of the Republic of Uzbekistan, Islam Karimov, in his book "High Spirituality - Invincible Power": We all know that the path to the human heart begins with education. So when it comes to this, we also honor the precious legacy of our ancestors, and we honor the noble work of our great ancestors - teachers and mentors - as well as our parents.

We are relying primarily on those hard-working professionals in our mission to raise a new generation of intellectuals in our country, and we realize how invaluable they are in shaping the spiritual world of young people who will return tomorrow.[1] - emphasizes the idea. In modern education, there are various approaches to the training of pedagogical staff, including the acmeological approach of the future teacher to be able to be highly self-aware, self-motivated and self-sufficient. It is unique in that it allows you to develop your mind. The professional formation of prospective teachers and the strong social factor that influences their personal structure is acmeological motivation. It has been established that the strongest contributing factor in the formation of a person's personality is through the transfer of experience gained through education to children. It is well-known that a person is a complex psychological phenomenon that is gradually formed during the individual's life under the influence of certain factors. Acmeology, therefore, is a specialized discipline that studies the development and perfection of an adult. Acmeology (from Greek "akme" means peak, high level, driving force) is a new branch of

science that manifests itself in the dynamics of its development, its perfection and its various stages of functioning. It explores the complex issues of manifesting one's abilities, that is, examining the individual in the process of self-improvement, within the objective and subjective factors of that development and progress. According to G. Berdiyev and B. Ibrohimkhojaev, for a long time only in acmeology used psychological research, first of all psychodiagnostic methods and developing psychotechnologies. They are still new and used in conjunction with personal acme techniques. Acmeology is a vast object - a person of all ages learns the level of developmental maturity of a person who is closely linked to developmental psychology.[2]

The acmeological approach is based on the manifestation of students of pedagogical higher education institutions as participants in the process, mature individuals and active subjects of professional activity as a scientific basis for the formation of pedagogical creativity in future teachers. It creates conditions for self-improvement and self-development. The development of pedagogical creativity is associated with the manifestation of different abilities. Acmeological abilities are essential in the life and activity of a person, but their rapid development is due to the development of autopsychological competence. Future educators have an important role in shaping pedagogical creativity - the acmeogram, an important tool for setting goals and aspirations for the near, medium and distant future, with a clear system of creative abilities. Based



on the acmeology approach, future teachers will be a central component of the system of pedagogical creativity, with a creative component that reflects the ability for effective creative activity. Creation of creativity is one of the main goals of the formation of pedagogical creativity for future teachers based on the acmeology approach. As you know, innovative thinking is one of the most important qualities of a future teacher. The creative component includes creative thinking, creative teaching, educational and research activity, the ability to innovate, the rational solution of pedagogical tasks, the ability to independently design activities, and to create intellectual situations that allow them to solve professional and creative tasks. From the perspective of autopsychologic competence, creative abilities can be classified into three groups: 1) Autocognitive abilities: the formation and development of new types of self-knowledge (self-concept) in the form of the concept of "I", reflexion, identification, internalization, and vision. ability to change their beliefs and beliefs; 2) typological autopsychological personality of a person, self-improvement due to high self-development opportunities, deficiency of personality development due to limited self-development;

3) creativity in the self-expression person, creativity in life, high self-esteem, high self-confidence, self-confidence and the environment that surrounds him; to have a full understanding of their wants and needs.

Acmeogram is the main method of acmeographic approach and it represents a system of requirements, conditions and factors that enable progressive development and the professionalism of the individual and the activities of specific subjects. [3] Acmeograms are individualized and formally represent the individual "cross-section" of the subject in which it is operating effectively, its opportunities and prospects, its strengths and weaknesses. Acmeogram is distinguished by a high degree of individuality versus professoriogram and psychogram. The professorialogram describes the characteristics of a particular profession, which reflects the characteristics of professional work and the needs of the professional, and the psychogram reflects the psychological characteristics of the person needed for successful professional work. The acmeogram reflects all aspects and aspects of student activity (professional activities, daily attitudes, personal development and overall performance), and hence the requirements for the individual psychological and psycho-physiological characteristics of the future staff. Acmeogram includes a holistic description of future professional activities and the requirements for the individual psychosocial and psycho-physiological characteristics

of the person. If the creation of real conditions for the formation of future pedagogical creativity in the future teachers, the creation of real conditions for the development of the future is an acmeological environment, it is important to ensure the achievement of the future teacher on the basis of the development and improvement of their pedagogical creativity. [4] Accurate, accurate, and objective filling of an acmeogram is guaranteed by an expert or an acmeologist to give an acceptable and reliable result. After the student has completed the acmeogram, it will be submitted for review by an expert or an acmeologist. The expert will also give an opinion on the results and make an acmeologic diagnosis. The results of the acmeogram will be examined and the resources related to the future specialist's pedagogical thinking, creativity, desire and desire to innovate. In a word, the dynamics of the future career of an expert on acmeogram, the factors that positively or limit the formation of pedagogical creativity, the differentiation of motivational environment, the dynamics of personal growth and and obstructive factors, it will be possible to determine which acme technologies are appropriate for personal and professional development.

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