



THE NEED FOR COMPASSION FOR HUMAN EXISTENCE

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ANNOTATION

The article analyzes the bolster of love in family relationships on the basis of values, the essence, content, forms of love. The form, method, means and specific features of expressing affection in strengthening Uzbek family relations are described. It is based on the deep thinking of the people, the nation, the individual, the formation of empathy on the foundation of deep philosophy, skills, traditions, habits, hard work, and the need for compassion weakens the individual, furthermore compassion weakens society.

KEYWORDS: Value, rational, irrational, kindness, compassion, kindness, ruthlessness, loneliness, shyness, aggression, depression, depression.

DISCUSSION

Mercy as a social philosophical, moral category is a phenomenon associated with the understanding of man by others, emotional intimacy, and the satisfaction of his need for communication. It is necessary to explore its social functions while understanding that kindness is an independent reality and identifying its manifestations. In this way we can express the inner qualities of love. In order to know the internal properties of the object under study, it is also important to study the system functions to which it belongs.

Mercy is a complex social phenomenon. It is the product of a long-lasting socio-historical development in society. The functions of mercy are considered in a dialectical communication, together with the functions of the society to which it belongs.

One of the most important tasks today is to bring up the young descendant in a healthy and harmonious way, to provide them with effective education and upbringing. It requires the organization of the process of education and upbringing, taking into account the factors that cause a feeling of unkindness in society, as well as their impact on individual characteristics and mental state.

Mercy is manifested in society with negative consequences such as loneliness, shyness, aggression, disagreement, frustration, family quarrels, indifference, cruelty, nervousness, brutality.

Childhood, early childhood, adolescence and youth are important periods in the development of a person as a fully developed person. The love of

parents and relatives, the socio-psychological environment in the family play a special role in this regard [1].

Praising and ignoring or criticizing more in the upbringing of young people also makes it difficult for the child to choose the right path.

Time does not wait. In the matter of kindness, wasting time leads to a more explicit expression of kindness. A person may feel abandoned and sooner or later become ill. In many cases, people like to travel to get rid of boredom or loneliness. But even if one goes to the other side of the world, one cannot escape from oneself.

There are many activities in the community that assist the progress of personal development. These include reading, research, creativity, and physical education. A person communicates not only to take something from others, but also to give them something. In a successfully organized learning process, there is a desire to share the acquired knowledge with others. Effective creative activity is valued.

It is clear that in the largest cities of the world there are many people who feel loved and ignored. Indigenous peoples make up a very small proportion of the population of any major city. The rest are migrants who have come to the big city from different places. Although several generations live in the city, they try to preserve in their families the traditions, customs, and customs inherited from their ancestors. Every village, aul, or town has its own dialect, a sign that only the locals understand, the accepted norms of behavior [2]. This is why many



city dwellers face difficulties in finding a suitable partner or interlocutor. This leads to a lack of the kind of love that a person can give to a person, such as water and air, which is necessary for a person to be satisfied with life and feel happy in society.

The danger of being unkind is that it may not be felt at an early stage. At the end of the work day, when everyone is scattered from house to house and the streets are empty, when the phone calls stop, he begins to feel that he lacks affection. Because of this loneliness, nightclubs and discos have been set up in big cities to overcome the perceived lack of love. But in many cases this does not give the expected positive effect. Cruelty manifests itself and leads to various disagreements and crimes. Meanwhile, night calls are becoming one of the means of communication with others. It manifests itself as depression and suicide prevention.

Anxiety and depression increase in a person who feels compassionate and neglected. The longer a person stays in an environment of unkindness, the greater the need for communication with people.

The problem of cruelty has deep roots in its origins. First of all it is a mental illness. A human child feels protected when he is in his mother's womb. This condition persists in a person for a lifetime, and he seeks to find a partner, a sympathizer, with this feeling. Even when a person sings with interest in a choir, he feels in tune with people.

The more a mother loves and respects her child, the more positive it will be for her to communicate with people in the future. Most people are unable to share positive energy with those around them as a result of low self-esteem. A situation arises in which a person condemns himself to loneliness and cannot get out of this shell.

Value as a philosophical category embodies such essence as preserving, nurturing, firmly established, requiring constant repetition. It is also distinguished by its possession of a certain value, value.

When it comes to strengthening love on the basis of values in family relationships, it is necessary to pay attention to the analysis of problems related to the essence, content, forms of manifestation of values. "Since ancient times, people have valued the world around them, the things in it, the events and happenings, the relationships between people, and thought about their value. Over time, with the development of society, the problems in this area have increased, and the importance of solving them has increased" [3]. The theme of values underlies a number of worldviews, forming a central part of them.

The natural-historical values of mankind are manifested in connection with his life as a biological being, living being, health, birth, death, periods of life, childhood, adolescence, youth and girlhood, man

and woman, old age. Natural values, like any living thing, belong to every generation, tribe, nation, and people of the human race.

Values related to the spiritual and moral image, elegance and beauty of a person are reflected in dialectical harmony. They represent the degree to which universality is manifested in relation to the image of the individual. Every form of personal values related to spiritual and moral appearance, sophistication and beauty can be the basis for distinguishing one type of people in society. These forms, on the other hand, are extremely diverse, as can be seen in the following.

- The meaning of a person's life, ie the purpose of life, the values associated with memory, inheritance, inheritance, dreams, hopes, happiness, etc.;

- Values related to the environment, homeland, period, family and life, love, parents and children, the beauty of life, etc.;

- values related to the freedom, liberty, equality, faith, access to information, property, independence in the choice of residence, inviolability;

- personal responsibility, ie the values associated with the understanding of social necessity, its observance, discipline, honor, duty, conscience, dignity, etc.;

- values related to a person's delicacy, spiritual beauty, aesthetic sense, taste, culture, delicate attitude to himself, others, nature and the environment.

The role of the mother is important in the formation of a person as a full-fledged person in society. In particular, the child's ability to grow and develop freely from infancy, to behave calmly, is directly related to the satiety of love in the mother's womb. The mother is the first person in her life to communicate. The child's sense of solidarity from such communication plays a special role in his or her direct contact with other people. Whether or not a child is satisfied with his mother's affection is important in his future life. Motherly love is the power that ensures the overall harmony of human existence.

"Let's conditionally accept that in social relations, love is a product of work and service," he said. Increasing compassion, on the other hand, does not require much effort on our part. Use your children in relation to each other. Because this method increases the mutual affection between them. Remember that clapping comes from both hands. What people do for each other is small, and trivial things increase the love between them. It is good that the number of these actions is greater. Apply this exercise to yourself and your loved ones. Mutual service becomes an important tool for creating mutual love [4]... " Laughter, smiles, doing good, sincerity, helping each other cause a person to



develop mutual love. At the same time, there are factors that can dampen affection, such as slapping in the face, pushing from the chest, sighing, comparing to others, over-controlling, hitting the ground in front of others, not supporting when needed.

In the upbringing of a child, special attention is paid, first of all, to his formation as a kind person. The notion of humanity, which is the basis of such an educational requirement, meant first and foremost kindness. In the upbringing of children in the family, certain values are formed in order to increase their love for their parents, grandparents, elders, close relatives, neighbors, brothers and sisters. In particular, all forms, such as sight, hearing, perception, were effectively used in the loving upbringing of the child's personality. Great care has been taken at all times to ensure that the child is adequate in the mother's womb. It is provided for growth in the mother's womb without any obstacles until the age of 3-7 years [5].

Mercy is the will of the individual and the foundation of the strength and stability of society. It is formed on the basis of the deep thinking, deep philosophy of the people, the nation, the individual. Skills, traditions, habits, hard work are strengthened and refined. Just as the need for compassion weakens the individual, so compassion weakens society [6]. Only sincere love can firmly unite individuals and society. The maturity of the individual, of society, depends directly on his level of kindness. It directly strengthens social immunity. It heals the individual and society.

From time immemorial, attention has been focused on inculcating compassion as a value. This is reflected in religious worldviews and even in their oldest forms. While each religion has its own system of divine values, in essence, the concept of kindness, compassion, kindness has played a key role. Certain divine value systems are embodied in the Qur'an, the Bible, the Vedas, the Upanishads, and other religious books. As the historical forms of religions improved, so did the concept of compassion in their value system.

The irrational interpretation of mercy, its connection with divine aspects, is especially common in religious teachings. Nevertheless, the expression of affection also has a rational basis. This process is formed directly on the basis of labor, work, service.

Every action of a mother in relation to her child directly requires a certain amount of time, effort, knowledge, experience. Time, energy, knowledge, and experience are of rational importance. Carrying, giving birth, breastfeeding, washing, dressing and so on. The mother becomes attached to her child as a result of doing this activity over the years. Initially, the mother interacts with the child on the basis of his worldview, skills, way of thinking, but gradually, as the child's personality is formed, it also adapts to his character traits.

Enhancing a mother's love for her child A number of family events, including the "Beshikka belash", "Alla" song, "Qadam kulcha", and "Hair scissors", each play an important role in expressing the mother's love.

The rational importance of affection between husband and wife in the family is important for the stability of the family. In this regard, along with our age-old values, it is necessary to introduce new traditions that will reflect the changes of the times, the requirements of the time, and serve to strengthen the bonds of love between them.

However, it should be noted that the strengthening of individualistic nature in human behavior reduces the effectiveness of its management through customs, rituals and traditions. Man begins to live with customs and rituals that directly benefit him. In fact, any habits, rituals are also viable because they are beneficial to people. The mother-child relationship is of particular importance in this regard.

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