

MANAGING CHANGE: SCHOOL HEADS' RESILIENCE AND STRATEGIC ADAPTATION IN DIRECTING CHALLENGES IN TRANSITION OF K-12 TO MATATAG CURRICULUM

Shane A. Labag

¹Laguna State Polytechnic University, Sta. Cruz Campus, Sta. Cruz, Laguna Philippines, 4009

Article DOI: https://doi.org/10.36713/epra21174

DOI No: 10.36713/epra21174

ABSTRACT

The transition from the K-12 curriculum to the MATATAG curriculum marks a vital step in education, which demands effective implementation. This study endeavors to understand how the school heads relate their resilience and strategies to the challenges they faced. A convergent parallel mixed-methods design is used to gather quantitative data through surveys and qualitative data through interviews with school heads and teachers.

The results revealed that school heads' resilience and their capacity to handle curriculum-related obstacles were moderately to strongly positively correlated in the areas of emotional intelligence, adaptability and flexibility, and stress management. In managing challenges related to teacher workload, professional development, and administrative support and policy changes, the correlations were even stronger. Additionally, strategic leadership practices such as stakeholder involvement and fostering a collaborative learning environment significantly enhanced the transition process. This implies that addressing transition-related challenges requires clear rules, efficient resource allocation, and continuous professional development.

Based on the findings, the research suggests that to facilitate a more seamless transition to the MATATAG curriculum, enhancing leadership opportunities for school heads, enhancing support mechanisms for teachers, and ensuring appropriate resource distribution are crucial. Future research should also investigate longitudinal studies on the effectiveness of leadership practices and curriculum changes to evaluate their long-term impact.

KEYWORDS: MATATAG Curriculum Implementation, School Leadership, Resilience, Strategic Leadership, Policy Adjustment, Stakeholder Engagement, Resource Management

I. INTRODUCTION

In an era of rapid technological development and increased global connectivity, the Philippines Department of Education (DepEd) has the important responsibility of ensuring that the country's educational system remains relevant. To equip students with the skills and knowledge they need to thrive in the 21st century, curriculum reform is crucial. This involves incorporating the latest findings in educational research, addressing new cultural and economic demands, and aligning with international standards.

Given that the education system must evolve to be effective and meet the needs of a constantly changing society, DepEd is consistently tasked with preparing students for a sustainable future. Therefore, curriculum modifications are not just an option—they are necessitated by several important considerations (Sklar, 2018).

Under the leadership of Vice President and Education Secretary Sara Z. Duterte, the MATATAG Curriculum was introduced as a deliberate effort to address the underperformance of Filipino learners in various tests, which highlighted concerns about their educational outcomes (Acido & Caballes, 2024). The primary aim

of this curriculum is to address issues with the existing K-12 curriculum, such as an imbalance in cognitive load, overcrowded competencies, and a mismatch of required learning skills (Bacelonia, 2023). The MATATAG Curriculum, which stands for "MAke the curriculum relevant to produce competent and jobready, active, and responsible citizens; TAke steps to accelerate delivery of basic education facilities and services; TAke good care of learners by promoting learner well-being, inclusive education, and a positive learning environment; Give support to teachers to teach better," is also termed as "Bansang Makabata, Batang Makabansa," focuses on core skills and prioritizes learners' mastery of reading and numeracy skills (Kilag et al., 2024). The MATATAG Agenda aims to develop competent, job-ready, engaged, responsible, and patriotic citizens, moving away from traditional approaches to education and instead focusing on holistic development and the acquisition of basic skills. The redesigned K to 10 curriculum streamlines competencies and emphasizes language, reading, literacy, mathematics, patriotism (MAKABANSA), good manners, and appropriate behavior from kindergarten to grade 10 and it reduces congestion by 70% compared to the previous curriculum (Estrellado, 2023). As a result, it provides comprehensive learning that goes beyond traditional academic disciplines, equipping students with the skills



ISSN (Online): 2455-3662 EPRA International Journal of Multidisciplinary Research (IJMR) - Peer Reviewed Journal

Volume: 11| Issue: 4| April 2025|| Journal DOI: 10.36713/epra2013 || SJIF Impact Factor 2025: 8.691|| ISI Value: 1.188

and knowledge they need to succeed in their careers and personal pursuits.

Educational initiatives are inevitable, and adjustments are made in response to the evolving demands of students and societal changes. Curriculum reforms are essential and require careful management and strategic direction. Therefore, school heads, who play a crucial role in managing the transition process encounter numerous opportunities and challenges.

This study aimed to understand their resilience and strategies in dealing with these changes, ensuring the successful transition to the MATATAG curriculum, improving the quality of education for all students, assisting teachers in a seamless transition, and upholding educational standards.

Statement of the Problem

The transition from the K-12 to the MATATAG curriculum constituted a substantial transformation in the Philippine education system, necessitating school heads' endurance and adaptation. This transformation involved several problems that necessitates the creation of effective techniques for navigating these changes. However, there is a lack of research about how these obstacles affect them and the techniques they use to be resilient throughout this period. This study sought to answer the following research questions:

- 1. What is the level of challenges in transition of K-12 to MATATAG curriculum in terms of:
 - 1.1 Familiarity with the new curriculum;
 - 1.2 Allocation of Resources;
 - 1.3 Availability of Teaching and Learning Materials;
 - 1.4 Teacher Preparedness and Workload;
 - 1.5 Administrative Support and Policy Adjustment;
 - 1.6 Professional Development and Training; and
 - 1.7 Stakeholder Involvement and Partnerships?
- 2. What is the level of school heads' resilience relative to:
 - 2.1 Emotional Intelligence;
 - 2.2 Adaptability and Flexibility;
 - 2.3 Optimism;
 - 2.4 Effective Communication;
 - 2.5 Stress Management; and
 - 2.6 Community and Relationship Building?
- 3. What is the level of school heads' strategies in terms of:
 - 3.1 Teacher Support and Empowerment;
 - 3.2 Resource Management;
 - 3.3 Leadership and Decision-Making Processes; and
 - 3.4 Collaborative Learning Environments?
- 4. Is there a significant relationship between the challenges and the school head's resilience throughout the transition from K-12 to the MATATAG curriculum?
- 5. Is there a significant relationship between the challenges and the school head's strategies throughout the transition from K-12 to the MATATAG curriculum?

6. How do school leaders view and exhibit resilience when dealing with challenges in curriculum transition?

Research Hypotheses

This study postulates the following hypothesis:

There is no significant relationship between the challenges and school heads resilience to the MATATAG curriculum.

There is no significant relationship between the challenges and school heads strategies to the MATATAG curriculum.

II. MATERIALS AND METHODS

Research Design

Mixed methods research is the process of gathering, analyzing, and combining both qualitative and quantitative methodologies in a single study or a series of studies to comprehend the research problems (Creswell, 2017). This approach can be used to delve into not only the "what" of a study but also aims to address questions like "how" and "why" (i.e., when). It involves a combination of quantitative and qualitative methods, as well as specific equipment, data, and data processing skills.

In this study, convergent parallel design was utilized where quantitative and qualitative data are collected concurrently but analyzed separately, then combining their results were being compared to providing a comprehensive understanding of the research problem (George, 2021).

The transition from the K-12 to the MATATAG Curriculum is a significant milestone in the field of education. School heads play a crucial role in overseeing this transition to ensure that both teachers and students adapt effectively. Therefore, employing a convergent parallel design enables a more thorough understanding of the challenges and strategies involved, offering valuable insights for future educational developments. The researcher can simultaneously gather qualitative data through interviews with school heads, capturing their experiences, perceptions, and strategies. Concurrently, quantitative data can be collected via surveys to understand their challenges and level of resilience.

Respondents of the Study

The respondents of this study were the school principals/heads and Grade 7 teachers in the Schools Division of Cabuyao City. For principals, (1) they must currently hold the position of school head or principal in a junior high school or integrated school; (2) they must have at least three years of administrative and leadership experience; (3) English must be their second language; (4) they must be willing to participate in survey or in-depth interviews, providing truthful and comprehensive analyses of their strategies and priorities; and (5) they must be actively involved in the first phase of implementing the MATATAG curriculum through attending training and seminars, and gaining personal experience with the transition process. For teachers, (1) they must currently hold the position of a teacher in a junior high school or integrated school; (2) they must be willing to participate in the survey; and (3) they must have attended the MATATAG curriculum training



Volume: 11| Issue: 4| April 2025|| Journal DOI: 10.36713/epra2013 || SJIF Impact Factor 2025: 8.691|| ISI Value: 1.188

and seminars and gaining personal experience with the transition process.

Research Instrument

This research utilized a convergent parallel approach to gather quantitative and qualitative information. Quantitative data was collected through survey questionnaires created by the researcher to evaluate the resilience of school leaders during the curriculum transition. Qualitative data was gathered through an interview. To guarantee the validity and reliability of these research tools, research experts validated them and underwent pilot testing.

Pilot testing involved the use of Cronbach's Alpha, a statistical tool that assesses the internal consistency and reliability of the questionnaire's items. The survey utilized the Likert scale to gauge participants' perceptions, opinions, and attitudes. Its simplicity and effectiveness render it a favored instrument in research throughout diverse fields. As emphasized by Pimentel (2019), the Likert scale is susceptible to specific biases, yet methods can be utilized to reduce these and improve validity and reliability.

Research Procedure

The research procedure is a step-by-step process followed in the study. From identifying the problem to formulating final recommendations, this guarantees a methodical, logical, and organized approach, making sure that each step builds upon the previous one to provide significant and trustworthy findings.

It started with problem identification, where the researcher identified a significant issue worth investigating- the challenges encountered in the implementation of the MATATAG curriculum. This step lays the foundation and establishes the framework for the entire study. After determining the problem, the researcher proceeded to conduct a literature review by exploring related theories and studies that were pertinent to the MATATAG curriculum. This provided a comprehensive background and helped refine the scope of the study by emphasizing what has already been discovered and what gaps remain. With an extensive understanding of the context, the researcher then developed specific research questions to address the study's goals. The appropriate research design was chosen when the questions were developed. To collect quantitative information from a large number of respondents, the researcher chose to use a survey approach.

The next phase was the construction and validation of the research instruments. To make sure it was understandable, trustworthy, and able to gather the required data, a questionnaire was created and pilot tested. Data collection and treatment followed after obtaining permission from the Schools Division Superintendent. Once permission is granted, hard copies of the questionnaire were distributed to nine school heads and selected teachers. The data collection involved personally administering questionnaires to the respondents to ensure confidentiality and anonymity of responses, and clear instructions were provided for

completing the instruments. All the gathered data were encoded in Microsoft Excel to facilitate accurate analysis by the university's research statistician.

The researcher continued with the data analysis. To calculate averages, uncover patterns, and examine variations in the responses, statistical tools were employed. The results were then interpreted to form the basis for the discussion and conclusion, in which the researcher summarized key findings, highlighted significant issues, and reflected on the study's contributions.

Lastly, recommendations were developed to offer useful ideas for enhancements pertaining to the research.

III. RESULTS AND DISCUSSION

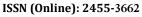
To test the significant relationship between the school heads' challenges and resilience throughout the transition from K-12 to the MATATAG curriculum in terms of emotional intelligence, adaptability and flexibility, optimism, effective communication, stress management and community and relationship building, they were treated statistically using Real Statistics Data Analysis Tools, employing the Interval Coefficient for Pearson R.

Significant Relationship between School Head's Challenges and Resilience throughout the Transition from K-12 to the MATATAG Curriculum

| | | | | School H | ead's Resilien | ce | |
|---|-------------------------------------|----------------------------|-------------------------------|----------|----------------------------|----------------------|---|
| School Head's | Challenges | Erretienal Intelligence | Adequately and Peoplety | Optinium | Effective Communication | Stress Management | Substitutely and Substituting Bulleting |
| Familianty with the new | Pearson Correlation | 626** | 752** | 726** | 737** | 695** | 574** |
| | Sig. (2-wied) | 000 | 000 | 000 | .000 | .000 | .000 |
| carrovan | H. | 154 154 154 154 154 154 | 154 | | | | |
| Affecation of | Pearton Correlation | 652** | 763°° | 705** | 734** | 757** | 677** |
| Resources | Sig. (2-leaker) 000 000 000 000 000 | .000 | .000 | | | | |
| | 11 | 154 | 104 | 104 | 154 | 154 | 154 |
| Academity of | Pearson Correlation | 650** | 769** | 739** | 759** | 707** | 704** |
| Teaching and : | Sig. (3-telet) | 000 | 000 | .000 | 000 | .000 | .000 |
| Talminto | H | 154 | 154 | 154 | 154 | 154 | 154 |
| Teacher | Fearson Correlation | 663** | 51177 | 799" | 784** | .735** | 686" |
| Preparedness and Workload | 5ig.(2-teled) | .000 | 000 | .000 | .000 | .000 | 000 |
| are introduc | H | 154 | 154 | 154 | 154 | 154 | 154 |
| Administrative . | Pearson Correlator | 780** | 868** | .801** | .860** | .806** | 811** |
| Support and Policy | Sig. (2-telet) | .000 | .000 | .000 | .000 | .000 | .000 |
| Adjustment | 11 | 154 | 154 | 154 | 154 | 154 | 154 |
| Professional Development and Training | Peacon Correlation | 964** | 858** | 818** | .796** | 734** | .748** |
| | Sig. (2-lefet) | 000 | .000 | 000 | .000 | 000 | .000 |
| and tracents. | - 11 | 154 | 154 | 154 | 154 | 154 | 154 |
| Stateholder | Pleasure Comdator | 717** | 792** | 752** | 774** | 749** | 774** |
| Involvement and Partnerships | Sig (2-twist) | 000 | 000 | 000 | 000 | .000 .000 | |
| raumings. | 36 | 154 | 154 | 154 | 154 | 154 | 154 |

The table illustrates the correlation coefficients in the table reveal the direction and extent of the relationship between school heads' resilience and the difficulties they encountered while transitioning from the K-12 to the MATATAG curriculum. Based on the findings, there is a moderate to substantial positive relationship between school heads' resilience characteristics and their capacity to handle problems successfully, as shown by the correlation coefficients, which vary from 0.63 to 0.87.

Across all circumstances, the resilience qualities that show the strongest relationships are flexibility and adaptability. Interestingly, there is a substantial correlation between adaptability and teacher workload and preparation (r=.811,





Volume: 11| Issue: 4| April 2025|| Journal DOI: 10.36713/epra2013 || SJIF Impact Factor 2025: 8.691|| ISI Value: 1.188

p=.000), professional growth and training (r=.818, p=.000), administrative assistance, and policy adjustment (r=.868, p=.000). This implies that school administrators are better prepared to manage curriculum-related changes if they can swiftly adapt to new rules and workloads.

Likewise, effective communication is essential, particularly in administrative support (r= .860, p= .000) and stakeholder engagement (r= .774, p= .000). This emphasizes the need for school administrators to have transparent and effective communication channels to adeptly manage curricular changes. Moreover, stress management exhibits significant connections, especially with administrative support (r= .806, p= .000), suggesting that good stress management can assist school leaders in navigating policy changes and workload demands.

Notably, stakeholder engagement and collaborations exhibit high levels of emotional intelligence (r= .717, p= .000) and adaptability (r= .792, p= .000). This indicated that cultivating robust external connections might augment a school leader's ability to adjust and maintain emotional resilience amid changes.

Lopez (2024) highlighted the significance of the connection between emotional intelligence (EI) and school leaders' capacity to maintain their resilience to successfully manage the transitions and become effective implementers of a new curriculum. Highly emotional intelligent school leaders are better equipped to handle the emotional strain by being adaptable and communicating in creating a supportive environment.

Furthermore, Doll et al. (2021) said that highly school adaptive leaders are more likely to advocate for an educational environment that is flexible and prioritizes continuous learning and improvement. By encouraging a growth mentality within their school communities, they may help teachers implement new teaching strategies and resources that align with the updated curriculum.

In summary, the strong positive correlations suggest that resilient school heads—those who are adaptable, communicative, emotionally intelligent, and capable of managing stress—are better equipped to address challenges in implementing the MATATAG curriculum. This underscored the need for leadership training, professional development, and support systems to enhance school heads' resilience and facilitate a smoother transition to the new curriculum framework.

Significant Relationship between School Head's Challenges and Strategies throughout the Transition from K-12 to the MATATAG Curriculum

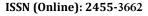
| | | | School Hea | d's Strategies | tegles | | |
|-----------------------------|---------------------|--------------------------------------|------------------------|---|--|--|--|
| School Head's | Challenges | Toucher Support and Empreyment | Resource Management | Louistratio & Georgion Making Processes | Colleborative Learning Environment | | |
| Familiarity with the new | Pearson Correlation | 715** | 71614 | 707** | 702= | | |
| curticulum | Sig. (2-talled) | .000 | .000 | .000 | .000 | | |
| | N | 154 | 154 | 154 | 154 | | |
| Allocation of Resources | Pearson Correlation | .715** | 753** | .736** | 498** | | |
| | Sig. (2-tailed) | .000 | .000 | .000 | 000 | | |
| | N | 154 | 154 | 154 | 154 | | |
| Availability of Teaching | Pearson Correlation | .723** | 764** | .770** | .728** | | |
| and Learning Materials | Sig. (2-tailed) | .000 | .000 | .000 | .000 | | |
| | N | 154 | 154 | 154 | 154 | | |
| Teacher Preparedness | Pearson Correlation | .719** | 776** | .784** | .772** | | |
| nd Workload | Sig. (2-tailed) | 000 | .000 | .000 | 000 | | |
| | N | 154 | 154 | 154 | 154 | | |
| Administrative Support | Pewson Correlation | .805** | 805** | .834** | 347** | | |
| and Policy Adjustment | Sig. (2-tailed) | 000 | .000 | .000 | .000 | | |
| | N | 154 | 154 | 154 | 154 | | |
| Professional | Pearson Correlation | 732** | 777** | 828** | 783** | | |
| Development and Training | Sig. (2-tailed) | ,000 | .000 | .000 | 000 | | |
| manag | N | 154 | 154 | 164 | 154 | | |
| Stakeholder involvement | Pearson Correlation | .805** | 782** | .815** | .756~ | | |
| and Partnerships | Sig. (2-tailed) | (2-tailed) 000 000 000 | 000 | 000 | | | |
| | N | 154 | 154 | 154 | 154 | | |

The table above illustrates the significant relationship between school head's challenges and strategies throughout the transition from K-12 to the MATATAG curriculum.

Based on the findings, the correlation coefficients, which range from 0.698 to 0.847, school heads' strategic approaches increase as they successfully handle obstacles, which results in a more effective execution of the curriculum. Among the most notable results is the strong correlation between policy adjustment and administrative support and all strategic areas, especially leadership and decision-making processes (r= 0.834) and collaborative learning settings (r= 0.847). This implied that school administrators may establish a more productive and inclusive learning environment by giving priority to well-defined rules, organized guidance, and clearly defined administrative assistance. Curriculum modifications at schools with well-thought-out policies often go more smoothly because teachers and students get the support and direction they need.

Comparably, there is a significant correlation between leadership and decision-making processes and teacher preparation and professional development (r= 0.784 and r= 0.828, respectively). This highlighted how important teacher preparation and training are to the curriculum shift's success. By making investments in teacher development, the school heads provide teachers the abilities, know-how, and self-assurance they need to adjust to changing teaching philosophies and methods. Effective leadership increases the overall efficacy of curriculum implementation by fostering an empowered culture in which educators actively participate in decision-making.

The substantial correlation between leadership and decisionmaking (r= 0.815) and stakeholder participation and partnerships with collaborative learning settings (r=0.756) is another important suggested that effective conclusion. This curriculum





Volume: 11| Issue: 4| April 2025|| Journal DOI: 10.36713/epra2013 || SJIF Impact Factor 2025: 8.691|| ISI Value: 1.188

implementation requires participation from parents, external partners, and the larger community in addition to school leaders and teachers. Schools that foster open dialogue and cooperation with interested parties build a network of support that improves learning results.

Moreover, the effectiveness of curriculum execution is closely linked to resource management and the accessibility of instructional resources as seen in the availability of teaching materials (r= 0.764) and teacher preparedness (r= 0.776), which are strongly correlated with resource allocation. This emphasizes how crucial it is to make sure that educational institutions have the resources, infrastructure, and funding they need to continue using successful teaching strategies. Even the greatest plans may fall short in the absence of necessary teaching resources if resources are not managed effectively.

The results highlighted the need for school heads to use strategic leadership techniques to actively address the difficulties associated with curriculum implementation. The robust positive correlations imply that it is greatly increased by overcoming challenges in resource management, stakeholder involvement, teacher preparedness, and policy reforms. School heads may build a flexible and resilient educational system that benefits teachers and students by encouraging collaborative learning settings, empowering teachers, and engaging communities.

According to Epstein et al. (2018), establishing a healthy and productive learning environment requires the active participation of stakeholders, including families, communities, and schools. Making sure that all parties involved are informed and engaged throughout these transitions is one of the biggest challenges. Reforms to the curriculum often include fundamental changes in the way teachers teach, assess, and track students' learning outcomes. Schools may facilitate these gains by strengthening their capacity to provide students ongoing assistance and access to resources both inside and outside of the classroom through partnerships with families and the broader community.

In conclusion, strategic leadership and well-organized planning are needed in managing the shift to the MATATAG curriculum. A seamless curriculum change is more likely to be facilitated by school heads who place a high priority on stakeholder participation, professional development, and administrative assistance. Further, efforts to ensure the success of the implementation should continue to focus on effective resource management, inclusive decision-making, and continuous training. Educational institutions may create an atmosphere that encourages learning, creativity, and long-term success by bolstering five important areas.

Themes emerged from the shared testimonies of the participants

| Participants | Responses | Subordinate Themes | Superordinate Themes | |
|--------------|--|---|-------------------------|--|
| SH 1 | "MATATAG corroutum to very abrupt", adjustments on the part of school heads." | Abrupi Implementation | | |
| SH 2 | "Many treatment are indifferent with recent to change they are in their change to change they are in their change are splind to neve 7-8 hads. Schedung and who is only official." | | | |
| SH 3 | | | Challenges | |
| SH 4 | "Availability of materials, especially for Grade 7, we have to be very resourceful" | Fund and Resource Constraints | | |
| SH 5 | "Same colleagues are not into alterding trainings since this was done during armentral break or recorder." | Low Training Attendance | | |
| SH 1 | "We need to be open, to be adaptates with different kinds of changing abroands." | Open-mindedness and Fixeibility | | |
| SH 2 | "We need to achieve to or follow such Compliance with nemorandum ander." Deptit Mandates | | | |
| SH3 | "We must foresee difficulties and asset seathers in handling workloads." | Proactive Leadership | Strategies. | |
| SH 4 | Teachers sted quality-assumed materials from other regions." | Resourcefulness in Material Development | | |
| SH 5 | "To encourage them, motivate them that change is mentable." | Teacher Motivation and Support | | |

The implementation of the MATATAG curriculum poses substantial challenges and strategic prospective opportunities for school heads. Although sudden changes, limited resources, and teacher opposition present hurdles.

McCaffery (2018) explained the need for meticulous preparation when allocating resources during times of transition. During a curriculum shift, school administrators must assess the new curriculum's requirements and ensure that their material, human, and financial resources meet them. To meet the requirements of the new curriculum, it is essential to give priority to certain areas, such as assisting teachers in their professional development and obtaining up-to-date teaching materials. They may steer clear of any roadblocks in the distribution of goods and resources by developing thorough resource management methods.

Consequently, Kisa and Correnti (2015) believed that curriculum implementation can be hampered by teachers' ignorance and willingness. Because of this, training them empowers them by removing obstacles that stand in their way. Various school systems may either support or impede changes and prevent students from reaching their full potential since change takes time, they may get disinterested and return back to previous methods.

Effective transition depends on efficient resource allocation and priority, especially in teacher training and updated teaching materials. Resistance should be avoided, and effective curriculum adoption can be ensured by addressing teacher preparedness and willingness through continuous training and support. School heads may raise the quality of teaching by creating a prepared and encouraging atmosphere.

Moreover, cultivating adaptability, proactive leadership, and ingenuity may alleviate these problems. By using these strategies, they may guarantee the proper implementation of the MATATAG curriculum, therefore improving the quality of education for students.



ISSN (Online): 2455-3662

EPRA International Journal of Multidisciplinary Research (IJMR) - Peer Reviewed Journal Volume: 11| Issue: 4| April 2025|| Journal DOI: 10.36713/epra2013 || SJIF Impact Factor 2025: 8.691|| ISI Value: 1.188

| Participants | Responses | Subordinate Themas | Superordinate Thomas | |
|--------------|--|--|---------------------------------------|--|
| 864.1 | We need in the spen, one years to be touched unto these property. | Open mindedness and feasibility | 5-7 - 3-111 | |
| BH 3 | Wyou are a serior number or house you a toroughter. | Hisk-taking and full-inner Evidency | Personal | |
| 5814 | "You have to be suffered that and averages at a firm the stronger desaits the shorteness of the stronger desaits the shorteness of the stronger and defendances." | Optimize one positive renduct | Encouraging Resilience | |
| SH 9 | "Town you are in the posters, you remy have to be along any foreign." | Diving inativities and adopted by | | |
| 541 | Whose continues is really expected volumentation with parent, elements theorem, and anothers works in he time property. | Communication communication | | |
| 86.2 | The the manuface of the Departs I have to Notice this consultant and experienced the Industry that it this and Talents I. | nordale of the Deputy i have to Authorises to Depths is standard and experient for and authorises. | | |
| 84.3 | All war up to up, the beariers, to have independent and countries, to their one thing of law rupper with that attended programs. | Empowement of teachers and staff | School | |
| 5H.4 | THE AMOUNT AUTHOR THE CONSUMERY STYLE ACCOUNT OF WHICH THE THE THE THOMSE AND A STREET THE THE ACCOUNT OF THE PROPERTY THE ACCOUNT OF THE | Perfequence and Consultative teadership | strategies Fostering Resilience | |
| | "We good thing here in Cases is line the PER, the commonly, and LOU are yell automated." | Community and rankeholder empagament | | |
| 84.5 | "The shalogues have one of policies absolve thewing (AC) securities, so we need to bring out the parental of the standard (| Professional development Except LAG respects and traces | | |

In managing a school, resilience is the result of striking a balance between personal attributes and strategies. While structured communication, teamwork, and professional development programs guarantee that resilience is fostered across the school community; proactive, flexible, and optimistic thinking enables school heads to continue being productive in their positions and they can effectively navigate the difficulties of adopting the MATATAG curriculum and other educational innovations.

Meanwhile, the importance of optimism in fostering resilience was mentioned by Wescott (2019) when undergoing curriculum reform. Optimism helps school heads remain strong and forward-thinking even in the face of obstacles like staff resistance, policy changes, or a lack of funding. Positive leaders can keep going when things become hard and give people confidence.

To sum up, resilience in school leadership is the result of a dynamic interaction between personal attributes and deliberate actions. To successfully traverse the challenges of adopting the MATATAG curriculum, school heads must strike a balance between flexibility and adaptability. A learning environment that welcomes change and innovation is created by promoting a culture of development within the school.

| Participants | Responses | Subordinate Themes | Superordinate Themes | |
|--------------|---|--|--|--|
| 584 1 | "There a cameraderic and help. If it coercion accretion, my colongues inecesse ine and supportine." | Cameradone and Peer Support | Collaboration and Support among School Heads | |
| SH 2 | T have below head feathers assisting me, with thinken mester feathers halping in surroutum headless." | Assistance from Head Teachers and Meeter Teachers | | |
| 5H 4 | "I from subject area coordination, realting focus on learners and ensuring currouture manifoling." | Engagement and Consultation with Teaching Staff | | |
| SH 1 | "The EGU is very supportive expecially in cellurity and community involvement." | Partnershap with LGU and Local Organizations | | |
| SH 6 | We remove all from different schools, private partners, and NGOs, strengthening our implementation." | Transparency and | Stakeholder and Community Engagement | |
| 5H 4 | Topsely shelaw school challenges and stateholders respond by providing supplies and assistance. | Conscionation with Stakeholders | | |
| SH 1 | "One of my biggest challenges to menpower" we lock essential personnel but realtence to key." | Overcoring Manpower Limitations | Resilience Amidst Challenges | |
| 5H 3 | Vegenerablish ministed with stores and state suspensions constant communication and engagement helped as cope. | Navigating Curresium Citarges and External Decugitoria | | |
| SH 6 | "Move at human resources provide the atherigh to entitive and successed." | Strong Leadership and Adaptativity | | |

Support networks are essential to maintaining resilience throughout the implementation of the MATATAG Curriculum. School administrators depend on cooperation, communication, and community participation to overcome obstacles and guarantee academic achievement.

While interaction with teaching staff guarantees a focus on students, school heads, head teachers, and master teachers support one another. LGUs, NGOs, and corporate organizations are examples of external partnerships that provide extra assistance, especially with security and resource distribution. Transparency is fostered by open communication with stakeholders, which promotes community support for resolving school-related issues.

The significance of families in fostering fruitful partnerships between schools and the community was identified by Stefanski et al. (2016). Involving families and other stakeholders during curriculum changes might provide challenges. With schools depending on families to support students through academic, emotional, and social transformations, it calls for collaboration to ensure that all parties involved are in accord with the new learning goals and approaches.

Notwithstanding these efforts, difficulties arise from a lack of personnel and unexpected circumstances, such as natural disasters and class suspensions. However, school heads may overcome these challenges with strong leadership, flexibility, and proper communication.

CONCLUSIONS

Based on the findings of the study, both null hypotheses are rejected, suggesting that school heads' resilience and the challenges that they encounter in implementing the MATATAG curriculum are significantly correlated.

Ho1's rejection indicated that school heads who exhibit resilience—specifically, flexibility, stress management, emotional intelligence, and clear communication—are better able to handle the difficulties posed by the MATATAG curriculum. Building resilience is crucial, as shown by the substantial positive relationships found between resilience variables and challenges such as teacher workload, professional development, and policy changes. School heads are more equipped to handle the demands of curriculum implementation if they can successfully manage stress, adjust to changes rapidly, and keep lines of communication open.

Likewise, the rejection of Ho2 demonstrated that school heads' strategies are essential for overcoming obstacles. School heads' effectiveness of curriculum implementation has a substantial relationship to collaborative learning environment, administrative support, and leadership and decision-making. They may establish a more welcoming and well-supported learning environment by placing a high priority on professional development, stakeholder involvement, and defined policies. The effectiveness of curriculum adoption also depends on effective resource management and easy access to educational resources.



Volume: 11| Issue: 4| April 2025|| Journal DOI: 10.36713/epra2013 || SJIF Impact Factor 2025: 8.691|| ISI Value: 1.188

In conclusion, for school heads to successfully handle the challenges presented by the MATATAG curriculum, they must possess both resilience and strategic leadership, but it will require enhancing leadership development, encouraging flexibility, and making sure that all resources are managed thoroughly.

Recommendations

The researcher has come up with the following recommendations to enhance school heads' resilience and strategic approaches based on the findings of the study:

- 1. To assist school heads in successfully implementing the new curriculum, leadership programs should emphasize the development of emotional intelligence, stress management, and adaptability to enable them to share experiences and best practices in dealing with difficulties, developing peer mentorship and support groups.
- 2. To ensure that teachers and school heads are prepared for changes, the Department of Education (DepEd) should provide them with regular and organized training sessions. To promote greater participation rates, training sessions have to be planned throughout the academic year as opposed to during holidays or vacations.
- 3. DepEd needs to guarantee that every school has access to adequate printed and digital teaching materials, textbooks, and learning tools by effectively allocating and utilizing the available resources. Therefore, it is essential to conduct resource management training.
- 4. To create a strong support system for curriculum implementation, the school heads should improve their channels of communication with parents, teachers, and the community. Working together with non-governmental organizations (NGOs), companies, and local government units (LGUs) should be encouraged to secure additional resources and support.
- 5. To evaluate the implications of curriculum implementation and make needed adjustments, school heads must utilize data-driven decision-making. Teachers and other stakeholders should be included in planning and decision-making processes through the use of a more participatory leadership style.
- 6. Further studies can explore the impact of MATATAG Curriculum implementation on the academic performance of students and teacher well-being. To obtain the necessary information, future researchers can think about doing "triangulation". This study can be replicated in a different setting and with different participants to compare the similarities and differences of the results. In addition, changing the research method can also be effective in gathering data. This replication is highly recommended.

REFERENCES

- 1. Acido, J. V., & Caballes, D. G. (2024). Assessing educational progress: A comparative analysis of PISA results (2018 vs. 2022) and HDI correlation in the Philippines. https://doi.org/10.30574/wjarr.2024.21.1.0020
- 2. Bacelonia, W. (2023, August 10). DepEd launches MATATAG Curriculum to address basic education woes. Philippine News Agency. https://www.pna.gov.ph/articles/1207588

- 3. Carie Justine P. Estrellado. (2023). MATATAG Curriculum: Why Curriculum [must] Change? Journal of Interdisciplinary Perspectives, 2(1), Page 6–10. https://doi.org/10.5281/zenodo.10336930.
- . Creswell, J. W., & Creswell, J. D. (2017). Research Design: Qualitative, Quantitative, and Mixed Methods Approaches. SAGE Publications.
 - https://www.ucg.ac.me/skladiste/blog_609332/objava_105202/fajlovi/Creswell.pdf
- 5. Doll, K., Ragan, M., Calnin, G., Mason, S., & House, K. (2021). Adapting and enduring: Lessons learned from international school educators during COVID-19. Journal of Research in International Education, 20(2), 114-133. https://doi.org/10.1177/14752409211034399
- Epstein, J. L., Sanders, M. G., Sheldon, S. B., Simon, B. S., Salinas, K. C., Jansorn, N. R., ... & Williams, K. J. (2018). School, family, and community partnerships: Your handbook for action. Corwin Press.
- 7. George, T. (2021, August 13). Mixed Methods Research, Definition, Guide & Examples. Scribbr. https://www.scribbr.com/methodology/mixed-methods-research/
- 8. Kisa, Z. and R. Correnti (2015), "Examining Implementation Fidelity in America's Choice Schools: A Longitudinal Analysis of Changes in Professional Development Associated With Changes in Teacher Practice", Educational Evaluation and Policy Analysis, Vol. 37/4, pp. 437-457, http://dx.doi.org/10.3102/0162373714557519.
- 9. Kilag, O. K., Andrin, G., Abellanosa, C., Villaver Jr, M., Uy, F., & Sasan, J. M. (2024). MATATAG Curriculum Rollout: Understanding Challenges for Effective Implementation. International Multidisciplinary Journal of Research for Innovation, Sustainability, and Excellence (IMJRISE), 1(5), 172-177. https://doi.org/10.5281/zenodo.11183037
- 10. Lopez, İ. (2024). The EQ Way: How Emotionally Intelligent School Leaders Navigate Turbulent Times. ASCD.
- 11. McCaffery, P. (2018). The higher education manager's handbook: effective leadership and management in universities and colleges. Routledge. https://doi.10.4324/9781351249744
- 12. Pimentel, J. L (2019). Some biases in Likert scaling usage and its correction. International Journal of Science: Basic and Applied Research (IJSBAR), 45(1), 183-191.
- 13. Sklar, D. P. (2018). Implementing curriculum change: choosing strategies, overcoming resistance, and embracing values. Academic Medicine, 93(10), 1417-1419. https://doi.10.1097/ACM.000000000002350
- 14. Stefanski, A., Valli, L., & Jacobson, R. (2016). Beyond Involvement and Engagement: The Role of the Family in School-Community Partnerships. School Community Journal, 26(2), 135-160. https://files.eric.ed.gov/fulltext/EJ1124001.pdf
- 15. Wescott, P. (2019). The role of resilience among k-12 principals and administrators leading transformational change (Doctoral dissertation, Seattle Pacific University).

 https://digitalcommons.spu.edu/cgi/viewcontent.cgi?article=1048
 &context=soe_etd